

2000 MORAVIAN COLLEGE INVITATIONAL

Saturday, April 15, 2000

Women's Results

Field Events

Name, School	Time/Distance
Hammer Throw	
1. Sarah Shaneberger, Moravian College	37.28 meters
2. Amanda Miller, Ithaca College	34.02 meters
3. Carrie McCaffery, Moravian College	31.98 meters
4. Melissa Webber, Moravian College	20.24 meters
Javelin	
1. Jennifer Lohn, Moravian College	35.24 meters
2. Sheri Wilkins, Ithaca College	32.34 meters
3. Becky Kravitz, Ithaca College	31.40 meters
4. Carrie McCaffery, Moravian College	31.34 meters
5. Nancy Kegelman, Muhlenberg College	31.08 meters
6. Katie Warren, Moravian College	28.56 meters
7. Amy Huenniger, Ithaca College	25.00 meters
8. Geri Elen Bodenbug, SUNY Cortland	23.36 meters
9. Judy Stalter, SUNY Cortland	17.64 meters
Shot Put	
1. Sarah Shaneberger, Moravian College	11.74 meters
2. Carrie McCaffery, Moravian College	10.26 meters
3. Emily Canfield, SUNY Cortland	10.16 meters
4. Amanda Miller, Ithaca College	10.09 meters
5. Nkechi Ngumezi, Muhlenberg College	9.61 meters
6. Tammy Wood, SUNY Cortland	9.48 meters
Discus	
1. Sheri Wilkins, Ithaca College	38.73 meters
2. Amanda Miller, Ithaca College	34.32 meters
3. Melissa Webber, Moravian College	34.02 meters
4. Judy Stalter, SUNY Cortland	32.15 meters
5. Tammy Woodard, SUNY Cortland	32.07 meters
6. Sarah Shaneberger, Moravian College	31.43 meters
7. Emily Cabfield, SUNY Cortland	27.02 meters
Geri Elen Bodenbug, SUNY Cortland	ND
Long Jump	
1. Amber Metzger, Ithaca College	4.88 meters
2. Ann Corless, Moravian College	4.68 meters
Christine Dittrich, Ithaca College	ND
High Jump	
1. Katrina Beck, Muhlenberg College	5'4"
2. Ali Meier, SUNY Cortland	5'4"
3. Carin Miller, Ithaca College	5'2"
4. Erica Landes, Moravian College	4'10"
5. Brooke Dawson, Moravian College	4'8"
6. Amy Holvey, Ithaca College	4'8"
Triple Jump	
1. Christine Dittrich, Ithaca College	10.78 meters

2.	Kristen Sheeria, Widener University	9.16 meters
	Stephanie Cotsifas, SUNY Cortland	ND
	Stephanie Vitale, Ithaca College	ND

Pole Vault

1.	Heidi Sanderson, Ithaca College	8'6" \$\$\$
2.	Anne Marie Salvo, SUNY Cortland	8'6" \$\$\$
3.	Amy Huenniger, Ithaca College	7'0"
4.	Caitlin Wonth, Ithaca College	6'6"

Running Events

100 meters

Heat #1

			Wind
1.	Stephanie Bailey, SUNY Cortland	13.07	+0.75
2.	Stephanie Cotsifas, SUNY Cortland	13.30	
3.	Amber Metzger, Ithaca College	13.47	
4.	Kissie Pringle, SUNY Cortland	13.50	

Heat #2

1.	Erica Colella, Ithaca College	13.55	+1.05
2.	Katie Brown, Widener University	14.15	
3.	Haley Brown, SUNY Cortland	14.61	
4.	Christina Garretto, Muhlenberg College	14.65	

100 meter High Hurdles

Heat #1

1.	Steph Horne, Moravian College	15.9	+0.61
2.	Jeanne Schick, Ithaca College	16.2	
3.	Sierra DeJoseph, Ithaca College	16.5	
4.	Carin Miller, Ithaca College	16.8	
5.	Danielle Adams, Ithaca College	17.2	

Heat #2

1.	Amy Huenniger, Ithaca College	17.75	+0.66
2.	Meredith Jorgensen, Ithaca College	18.08	
3.	Stacy Abbatiello, SUNY Cortland	20.61	
4.	Aimee Reiss, Muhlenberg College	20.68	

200 meters

Heat #1

1.	Stephanie Bailey, SUNY Cortland	26.84	+1.04
2.	Stephanie Cotsifas, SUNY Cortland	27.77	
3.	Danielle Adams, Ithaca College	27.91	
4.	Ann Corless, Moravian College	28.01	
5.	Kissie Pringle, SUNY Cortland	28.28	
6.	Melissa Antunes, Ithaca College	28.58	

Heat#2

1.	Amy Holvey, Ithaca College	28.15	+0.0
2.	Sierra DeJoseph, Ithaca College	28.22	
3.	Christina Garretto, Muhlenberg College	30.42	
4.	Haley Brown, SUNY Cortland	30.76	
5.	Jen Forry, Widener University	31.82	

400 meters

1.	Sarah Speicher, SUNY Cortland	1:00.70
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2.	Jyl MacNeal, SUNY Cortland	1:05.13
3.	Melissa Antunes, Ithaca College	1:05.40
4.	Lisa Barnes, Ithaca College	1:06.10
5.	Jen Forry, Widener University	1:10.53
6.	Stephanie Angel, Muhlenberg College	1:12.47

400 meter Intermediate Hurdles

Heat #1

1.	Jeanne Schick, Ithaca College	1:06.45
2.	Jen Ketz, Moravian College	1:06.88
3.	Steph Horne, Moravian College	1:08.35
4.	Kristen Sheeria, Widener University	1:14.69
5.	Stacy Abbatiello, SUNY Cortland	1:14.79

Heat #2

1.	Amy Huenniger, Ithaca College	1:09.84
2.	Meredith Jorgensen, Ithaca College	1:11.94
3.	Nkechi Ngumezi, Muhlenberg College	1:13.37
4.	Aimee Reiss, Muhlenberg College	1:19.98
5.	Heather Strauch, Widener University	1:24.19

800 meters

Heat #1

1.	Lauren Byler, Ithaca College	2:16.03
2.	Heidi Wolfsberger, Moravian College	2:18.67
3.	Erin Boyle, Moravian College	2:21.14
4.	Kathryn Cornelius, Ithaca College	2:22.10
5.	Mirriah Vitale, SUNY Cortland	2:22.54
6.	Hannah Wood, Moravian College	2:23.27
7.	Jen Wagner, Moravian College	2:23:74
8.	Lynn Janovich, Ithaca College	2:25.84

Heat #2

1.	Jen Burkholder, Moravian College	2:28.16
2.	Cindy Bredefeld, Muhlenberg College	2:29.00
3.	Theresa Garofalo, SUNY Cortland	2:30.80
4.	Laura Capik, Widener University	2:31.51
5.	Liz Roberts, Widener University	2:37.71
6.	Sarah Brill, Widener University	2:39.84
7.	Corrine Foley, Widener University	2:55.31

1,500 meters

Heat #1

1.	Heidi Wolfsberger, Moravian College	4:39.50***
2.	Mickey Kelly, SUNY Cortland	4:41.20***
3.	Liz Ackerly, SUNY Cortland	4:54.15
4.	Laura Roth, Muhlenberg College	4:59.49
5.	Theresa Garofalo, SUNY Cortland	4:59.52
6.	Anne Ruminski, Ithaca College	5:03.69
7.	Arien Baker, SUNY Cortland	5:03.96
8.	Amanda Gillette, SUNY Cortland	5:05.22
9.	Lindsey Hyman, Ithaca College	5:09.97
10.	Kate L'Armand, Widener University	5:15.78

Heat #2

1.	Amanda Samok, Moravian College	5:11.93
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2.	Liz Roberts, Widener University	5:15.03
3.	Katie Garrett, Muhlenberg College	5:17.00
4.	Kristin Tylenda, Muhlenberg College	5:18.30
5.	Jessica Giampolo, Moravian College	5:19.00
6.	Tiffany Catalino, Moravian College	5:21.17
7.	Laura Garland, Muhlenberg College	5:23.94

Heat #3

1.	Gina Lacombe, Moravian College	5:28.03
2.	Jen Boberg, Moravian College	5:33.94
3.	Tracie Rosenbaum, Muhlenberg College	5:37.24
4.	Kristen Joyce, Widener University	5:46.92
5.	Laura Detwiler, Widener University	5:49.12
6.	Kristy Miles, Muhlenberg College	5:52.39
7.	Allison Reger, Widener University	6:04.94

5,000 meters

1.	Erin Boshe, Ithaca College	17:48.67***
2.	Cara Devlin, Ithaca College	17:58.88***
3.	Kristen Lane, Widener University	19:55.57
4.	Laura Prezlomic, Widener University	20:32.47
5.	Kate Murrell, SUNY Cortland	20:35.28
6.	Nicole Palazzolo, Widener University	20:36.11
7.	Majiel Noonan, SUNY Cortland	20:52.12
8.	Kate Connelly, Widener University	20:58.57
9.	Joan Kelly, SUNY Cortland	21:44.68
10.	Allison Millen, Muhlenberg College	21:55.22
11.	Heidi Kunsch, Muhlenberg College	24:57.00

10,000 meters

1.	Emily Shertzer, Moravian College	37:21.44***###
2.	Maria Grabowski, Moravian College	41:55.95
3.	Kate Westerman, Moravian College	46:06.80

4x100 meter Relay

1.	SUNY Cortland (Bailey, Cotsifas, MacNeal, LaMora)	51.12
2.	Ithaca College	52.45
3.	Moravian College (Horne, Burkholder, Corless, Ketz)	53.32

4x400 meter Relay

1.	SUNY Cortland	4:08.47
2.	Ithaca College 'A' (Bulee, Cornelius, Janovich, Shick)	4:08.84
3.	Moravian College (Corless, Ketz, Burkholder, Lacombe)	4:18.85
4.	Ithaca College 'B'	4:27.29
5.	Widener University (Capik, Brown, Brill, Strauch)	4:45.11

4x800 meter Relay

1.	Moravian College 'A' (Wolfsberger, Wood, Boyle, Samok)	9:37.82\$\$\$
2.	SUNY Cortland (Gillette, Baker, Ackley, Kelly)	9:43.82
3.	Ithaca College (Boshe, Devlin, Ruminski, Hyman)	10:13.23
4.	Moravian College 'B' (Wagner, Lacombe, Boberg, Catalino)	10:28.50
5.	Widener University	10:34.04

***NCAA Division III Provisional Qualifying Time

###Moravian College School Record

\$\$\$Breidegam Track & Field Record