

2010-11 Schedule

November

Mon.	15	at Muhlenberg College	6:00 p.m.
Wed.	17	at Alvernia University	6:00 p.m.
<i>Gwynedd-Mercy College Tip-Off Tournament, Gwynedd Valley, PA</i>			
Fri.	19	vs. Delaware Valley College	6:00 p.m.
Sat.	20	Consolation/Championship Game	12:00/2:00 p.m.
Tues.	23	vs. DeSales University	6:00 p.m.

December

Wed.	1	vs. Neumann University	7:00 p.m.
Sat.	4	vs. The University of Scranton*	4:00 p.m.
Tues.	7	at Elizabethtown College	7:00 p.m.
Sat.	11	at Albright College	2:00 p.m.

January

10th Annual Starters Moravian Winter Classic

Sun.	2	vs. King's College	3:00 p.m.
Mon.	3	Consolation/Championship Game	1:00/3:00 p.m.
Sat.	8	vs. The United States Merchant Marine Academy*	7:30 p.m.
Sun.	9	vs. Drew University* - Take a Kid to the Game Day	4:00 p.m.
Fri.	14	vs. Susquehanna University*	7:30 p.m.
Sat.	15	vs. Juniata College*	4:00 p.m.
Tues.	18	vs. The College of New Jersey	7:00 p.m.
Fri.	21	at Goucher College*	7:30 p.m.
Sat.	22	at The Catholic University of America*	4:00 p.m.
Fri.	28	at Drew University*	5:30 p.m.
Sat.	29	at The United States Merchant Marine Academy*	2:00 p.m.

February

Fri.	4	vs. The Catholic University of America*	5:30 p.m.
Sat.	5	vs. Goucher College* - Senior Day/Pink Zone/Alumni Day	2:00 p.m.
Fri.	11	at Juniata College*	5:30 p.m.
Sat.	12	at Susquehanna University*	2:00 p.m.
Sat.	19	at The University of Scranton*	2:00 p.m.
Wed.	23	Landmark Conference Semifinals (if qualify)	TBA
Sat.	26	Landmark Conference Championship (if qualify)	TBA

*Landmark Conference game

2009-10 Results (25-3)

vs. Elizabethtown College	W 79-44
at The College of New Jersey	W 72-68
vs. St. Vincent College in Days Inn Tip-Off Tournament at Dickinson	W 83-65
at Dickinson College in Days Inn Tip-Off Tournament	L 67-65
at DeSales University	W 51-48
at The University of Scranton*	W 73-63
vs. Muhlenberg College	L 84-71
vs. Albright College	W 74-65
at Neumann University	W 88-80
vs. Cedar Crest College in 9th Annual Starters Moravian Winter Classic	W 92-43
vs. Gwynedd-Mercy College in 9th Annual Starters Moravian Winter Classic	W 80-73
at U.S. Merchant Marine Academy*	W 84-44
at Drew University*	W 86-60
at Susquehanna University*	W 70-53
at Juniata College*	W 78-73
vs. Goucher College*	W 70-47
vs. The Catholic University of America*	W 98-72
vs. Alvernia University	W 97-63
vs. Drew University*	W 108-70
vs. U.S. Merchant Marine Academy*	W 82-61
vs. Juniata College*	W 83-59
vs. Susquehanna University*	W 72-61
at Goucher College*	W 71-58
at The Catholic University of America*	W 82-63
vs. The University of Scranton* - Senior Day	W 77-60
vs. Susquehanna University in Landmark Conference Semifinals	W 52-44
vs. The University of Scranton in Landmark Conference Championship	W 66-49
vs. Utica (NY) College in NCAA Division III Tournament First Round	L 64-61

*Landmark Conference game

Moravian College Quick Facts

Location	Bethlehem, PA 18018
Founded	1742
Enrollment	1,564
Colors	Navy Blue & Grey
Nickname	Greyhounds
Affiliation	NCAA Division III
Conferences	Landmark Conference, Eastern College Athletic Conference
President	Christopher M. Thomforde
Director of Athletics	Paul R. Moyer
Sports Info. Director	Mark Fleming
Office Phone	(610) 861-1472
Home Phone	(610) 758-8721
Fax	(610) 861-1581
Hotline	(610) 625-7865
E-mail	sportsInfo@moravian.edu
Athletics Website	www.moravian.edu/athletics
Head Athletic Trainer	Bob Ward, ATC
Asst. Athletic Trainer	Lorrie Radcliff, ATC
Asst. Athletic Trainer	Frank Jackson, ATC

Women's Basketball Quick Facts

Home Court	Johnston Hall (1,200)
Head Coach	Mary Beth Spirk (24th season, 434-198)
Office Phone	(610) 861-1424
Fax	(610) 625-7954
E-mail	womensbasketball@moravian.edu
Assistant Coaches	Amy Endler, Melissa Newhard Torba Sara Steinman, Daniel Tannous

2009-10 Record

2009-10 Conf. Rec.	14-0, first place
Postseason	Landmark Conference Champions & NCAA Division III Tournament First Round

Starters Back/Lost

1/4

Lettermen Back/Lost

7/7

2010-11 Returnees

Amie Ballo	Sr.	C	Andes, NY/Andes Central
Alexandra Blair	Jr.	F	Hellertown, PA/Bethlehem Catholic
Amy Heffner	Sr.	G/F	Schnecksville, PA/Parkland
Amanda Krueder	So.	G	Byram, NJ/Morris Catholic
Hilary Murray	Jr.	G	Clinton, NJ/North Hunterdon
Cassandra Phillips	Jr.	G	Orwigsburg, PA/Nativity BVM
Emily Smith	Sr.	G/F	East Stroudsburg, PA/East Stroudsburg South

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About Moravian College

Moravian College is a private, selective, liberal arts institution located in the heart of the Lehigh Valley in Bethlehem, Pennsylvania. Founded in 1742, it is recognized as the sixth-oldest college in the country. Enrollment is approximately 1,500 undergraduates each year, which maintains a favorable faculty to student ratio, small class size, and emphasis on personalized teaching.

Moravian believes its mission is to integrate a liberal arts education with preparation for life, enriching students in and out of the classroom. Moravian aims to give its students a foundation for careers or graduate/professional school, for continued lifelong learning, and for a values-oriented approach to society.

With over 50 different programs of study and more than 70 clubs and organizations, Moravian offers flexibility and diversity among all academic and extracurricular areas. The College grants the Bachelor of Art, Bachelor of Music, and Bachelor of Science degrees.

On the athletic fields, Moravian's 18 men's and women's varsity teams have a winning tradition. During the 2009-10 school year, Moravian teams won seven Landmark Conference championships with ten teams reaching post-season play including NCAA Championship berths for the baseball, women's basketball and softball teams. In addition, 13 student-athletes earned All-America status with three national champions in track & field.

Approximately one-quarter of Moravian's student body participates in intercollegiate athletics every year, and many more compete in club sports and intramurals. Moravian's student-athletes excel academically. The College has had 33 Academic All-Americans, while more than 70 student-athletes earn spots on the conference All-Academic Honor Rolls yearly.

A Division III institution, Moravian has excellent athletics facilities, including the venerable Johnston Hall, Breidegam Fieldhouse, and the Moravian College Steel Athletics complex, including Sportex Turf on Rocco Calvo Field and an eight-lane, Olympic-quality Mondo track, both installed in 2005.

The College has a strong sense of identity and purpose firmly rooted in a long and rich tradition. Both in and out of the classroom, Moravian and its students maintain that tradition.

For more information on enrolling at Moravian, contact:

Moravian College
Office of Admissions
1200 Main Street
Bethlehem, PA 18018
Tel: (610) 861-1320 or 800-441-3191
Fax: (610) 625-7930
Email: admissions@moravian.edu
www.moravian.edu



2010-11 Greyhound Women's Basketball



Moravian College
Bethlehem, Pennsylvania

Head Coach Mary Beth Spirk

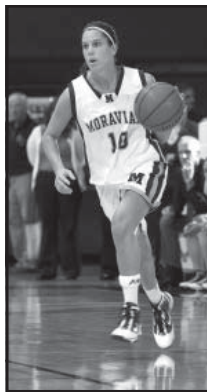
The winningest women's basketball coach in Moravian history, Mary Beth Spirk, begins her 24th season on the sidelines. Her record of 434-198 ranks her in the top 25 in the nation in victories among active Division III coaches. To say that her teams have been successful would be an understatement. Among the team's accomplishments during her tenure are: seven Middle Atlantic Southeast titles, three Middle Atlantic South Championships, two Middle Atlantic Conference



crowns, seven NCAA bids, three "Sweet 16" appearances, an ECAC Championship in 2007, and most recently the 2010 Landmark Conference Championship. In 2009, she reached the 400 win mark with a victory over Susquehanna University and was recognized at the Final Four in St Louis at a luncheon in which Pat Summit was also honored. Mary Beth would be the first to tell you that her success is attributed to the young women she has had the pleasure to coach. She has coached eighteen 1,000 point scorers, nine All-Americans, countless All-Conference performers, and a National Player of the Year in Kathy Beck.

The 1991-92 season saw the Lady Greyhounds enjoy the most successful season the college has ever experienced. Their 31-2 campaign culminated in hosting the Final Four, an article in Sports Illustrated and a National Runner-Up finish. Spirk's efforts that year netted her the Women's Basketball Coaches Association National Coach of the Year award, as well as MAC and Mid-Atlantic Region Honors.

An eight time Conference Coach of the Year, Mary Beth is an ambassador for women's athletics speaking at local schools as well as attending national conferences on gender equity and Title IX. She has volunteered at the NCAA sponsored "YES Clinic" during the women's Final Four for two years. The "YES Clinic" provides basketball instruction to under privileged youth in the city of the Final Four. Mary Beth has been named to the 2010-11 Women's Basketball Coaches Association Board of Directors, one of only three Division III coaches on the Board. A 1981 graduate of Dickinson College, Mary Beth is an associate professor of physical education and has been assistant athletics director since 2001. She completed her Master's in Sports Administration at the United States Sports Academy in Alabama in 2002.



2009-10 Season Review

Statistics

Player	G	Reb	RPG	A	Blk	Stl	Pts	PPG
Kirsty Stearns	28	189	6.8	37	54	32	332	11.9
Kate Harrison	28	160	5.7	85	27	43	305	10.9
Jessica Foran	28	83	3.0	54	9	37	291	10.4
Alyssa Bisci	28	134	4.8	31	9	36	278	9.9
Alexandra Blair	28	163	5.8	25	78	22	215	7.7
Emily Smith	26	100	3.8	34	6	32	194	7.5
Amanda Brown	27	42	1.6	42	2	23	194	7.2
Amy Heffner	19	64	3.4	17	4	7	102	5.4
Hilary Murray	28	45	1.6	47	2	38	135	4.8
Amanda Kreuder	20	17	0.9	20	1	10	34	1.7
Amie Ballo	15	24	1.6	3	4	2	24	1.6
Cassandra Phillips	12	7	0.6	3	0	3	18	1.5
Alyson Steltz	22	27	1.2	19	2	18	29	1.3
Jennie Miller	12	7	0.6	2	2	2	14	1.2
Others	3	4	1.3	0	0	0	0	0.0
Total	28	1176	42.0	419	201	315	2165	77.3
Opponents	28	1165	41.6	332	103	264	1701	60.8

Player	FG	FG%	3FG	3FG%	FT	FT%
Kirsty Stearns	115-247	.466	3-12	.250	99-114	.868
Kate Harrison	123-285	.432	0-4	.000	59-79	.747
Jessica Foran	94-219	.429	5-16	.313	98-115	.852
Alyssa Bisci	106-221	.480	5-15	.333	61-84	.726
Alexandra Blair	85-185	.459	0-0	.000	45-56	.804
Emily Smith	79-158	.500	6-27	.222	30-38	.789
Amanda Brown	69-164	.421	49-115	.426	7-13	.538
Amy Heffner	26-75	.347	0-9	.000	50-64	.781
Hilary Murray	37-111	.333	17-66	.258	44-65	.677
Amanda Kreuder	10-30	.333	0-0	.000	14-22	.636
Amie Ballo	10-23	.435	0-0	.000	4-8	.500
Cassandra Phillips	6-24	.250	4-12	.333	2-4	.500
Alyson Steltz	10-32	.313	2-5	.400	7-13	.538
Jennie Miller	5-16	.313	2-9	.222	2-2	1.000
Others	0-1	.000	0-0	.000	0-0	.000
Total	775-1791	.433	93-290	.321	522-677	.771
Opponents	627-1793	.350	111-357	.311	336-494	.680

Awards

- Alexandra Blair**
Landmark Conference Winter Academic Honor Roll
All-Tournament Team at 9th Annual Starters Moravian Winter Classic
- Amanda Brown**
Landmark Conference Winter Academic Honor Roll
- Jessica Foran**
Landmark All-Conference First Team
ECAC Division III South All-Star Third Team
Landmark Conference Winter Academic Honor Roll
- Kate Harrison**
Landmark All-Conference First Team
ECAC Division III South All-Star Second Team
State Farm/WBCA Honorable Mention All-America
State Farm/WBCA All-Region
Women's *DIII News* Honorable Mention All-America
D3hoops.com All-Mid-Atlantic Region Third Team
Most Valuable Player at 9th Annual Starters Moravian Winter Classic
All-Tournament Team at Days Inn Tip-Off Tournament at Dickinson
Landmark Conference Winter Academic Honor Roll
Landmark Conference Winter All-Academic Team
Landmark Conference Senior Scholar-Athlete for Women's Basketball
Lehigh Valley Small College Team of the Year
Co-Pete Nevins Lehigh Valley Small College Women's Player of the Year
- Jennie Miller**
Landmark Conference Winter Academic Honor Roll
- Cassandra Phillips**
Landmark Conference Winter Academic Honor Roll
- Emily Smith**
Landmark Conference Winter Academic Honor Roll
Lehigh Valley Small College Basketball Unsung Player Team, December
- Kirsty Stearns**
Landmark All-Conference First Team
ECAC Division III South All-Star First Team
State Farm/WBCA Honorable Mention All-America
State Farm/WBCA All-Region
Women's *DIII News* Honorable Mention All-America
D3hoops.com All-Mid-Atlantic Region Second Team
All-Tournament Team at 9th Annual Starters Moravian Winter Classic
All-Tournament Team at Days Inn Tip-Off Tournament at Dickinson
- Alyson Steltz**
Landmark Conference Winter Academic Honor Roll
Lehigh Valley Small College Basketball Scholar-Athlete Team, January

2010-11 Season Preview

After the third best season in Lady Greyhound history, in which the team posted a 25-3 record, captured its first Landmark Conference Championship, and 8th NCAA bid, the Moravian women's basketball team looks to continue the tradition of excellence in 2010-11.

Head Coach **Mary Beth Spirk**, entering her 24th season on the bench, will lead a team mixed with several veterans and a host of newcomers. Under Spirk's direction, the 2009-10 Lady Greyhounds posted the first ever undefeated season in Landmark Conference history, 14-0, and hosted the NCAA Division III Tournament first and second round.

Seven letterwinners including one starter are back to defend their Landmark Championship. Leading the pack will be junior forward **Alexandra Blair (Hellertown, PA/Bethlehem Catholic HS)**. Blair set a school record with 78 blocks a year ago to go along with 7.7 points and 5.8 rebounds per game, both tops among returnees. Her presence in the middle will be a force on the offensive and defensive ends.

Senior guard **Emily Smith (East Stroudsburg, PA/East Stroudsburg South HS)** is a dynamic playmaker who can drive to the basket and shoot from the outside. Smith averaged 7.5 points and 3.8 rebounds last season good for second among returnees. We are looking for a breakout season from Smith. Senior forward **Amy Heffner (Schnecksville, PA/Parkland HS)** will be on the floor for her final season. Heffner is a quick post player who can step out and shoot the three. She averaged 5.4 points and 3.4 rebounds in 19 games last year.

Junior **Hilary Murray (Clinton, NJ/North Hunterdon HS)** is back for a third straight year as the starting point guard. Murray is quick with the ball and a tenacious defender. Her 47 assists and 17 three-point field goals from a year ago are best for the returnees.

Sophomore **Amanda Kreuder (Byram, NJ/Morris Catholic HS)** adds depth at the guard position. Kreuder's ability to see the floor and drive to the basket will be needed this season. Senior forward **Amie Ballo (Andes, NY/Andes Central HS)** is back for her fourth season. With her knowledge of our system, Ballo will be integral in mentoring the underclassmen as well as provide added depth at the forward position. Junior guard **Cassie Phillips (Orwigsburg, PA/Nativity BVM HS)** returns for her third year. Phillips' three-point shooting and ball handling as well as her enthusiasm and leadership will be called upon with this young team.

Coach Spirk has another strong recruiting class including several local players - **Erica Blair (Bethlehem Catholic HS)**, **Alyssa Hann (Nazareth HS)**, **Caitlin Hrebik (Salisbury HS)** and **Laura Jordan (Easton HS)**.

The regular season begins when the Greyhounds travel to local rival Muhlenberg College on November 15th. Moravian will also host the Starters Moravian Winter Classic for the 10th straight season in early January.

Top Returning Players



Amie Ballo
Senior, Center
Andes, NY



Alexandra Blair
Junior, Forward
Hellertown, PA



Amy Heffner
Senior, Forward
Schnecksville, PA



Hilary Murray
Junior, Guard
Clinton, NJ



Cassandra Phillips
Junior, Guard
Orwigsburg, PA



Emily Smith
Senior, Forward/Guard
East Stroudsburg, PA

2009-10 Landmark Conference Standings

	Conference				Overall			
	GP	Record	%	PF PA	GP	Record	%	PF PA
Moravian*	14	14-0	1.000	1134 844	28	25-3	.893	2165 1701
Scranton*	14	12-2	.857	1009 805	28	22-6	.786	1859 1617
Juniata*	14	9-5	.643	946 844	29	17-12	.586	1998 1816
Susquehanna*	14	7-7	.500	802 790	26	13-13	.500	1552 1501
Drew	14	5-9	.357	805 922	27	15-12	.556	1582 1644
Catholic	14	4-10	.286	826 968	25	12-13	.480	1595 1605
Goucher	14	3-11	.214	699 854	24	7-17	.292	1259 1411
Merchant Marine	14	2-12	.143	733 927	25	10-15	.400	1393 1524

*Qualified for postseason tournament