

**Continuing Studies** 

# **College of Health - School of Behavioral & Community Health**

# **MASTER OF ARTS IN SCHOOL COUNSELING MASTER OF ARTS IN CLINICAL COUNSELING**

**STUDENT HANDBOOK** 

2023-2024

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#### **Part I: The Programs**

#### Introduction

The Masters of Arts in Clinical Counseling (MACC) and Masters of Arts in School Counseling (MASC) programs are housed in the School of Behavioral and Community Health, which is one of the new Schools in the new College of Health at Moravian University. According to the 2021-2024 Strategic Plan, Moravian University prepares its students for a reflective life, fulfilling careers, and transformative leadership in a world of change. Strategic Plan | Moravian University. Moravian University is accredited by the Middle States Commission on Higher Education and approved for professional preparation by the Department of Education of the Commonwealth of Pennsylvania. The University is also a member of the Council of Independent Colleges and Universities, the American Council on Education, the National Association of Independent College and Universities, the Pennsylvania Association of Colleges and Universities, the Association of Independent College and Universities of Pennsylvania, and the Annapolis Group. Moravian University is also a member of the Lehigh Valley Association of Independent Colleges LVAIC and as a member, Moravian University is able to offer its students, faculty, and staff access to select courses at partner institutions, educational conferences, and collaborative programs. Moravian University is also proud to be an Apple campus. Canvas is Moravian's learning management system and online training/education is available through the Center for Academic Excellence and the Academic and Accessibility Support Center. A list and description of important Moravian University resources are listed below:

#### **Moravian University Resources**

**Counseling Center:** The Counseling Center aims to enhance the mental wellness of the Moravian University community by providing counseling and therapy services, psychiatric services, consultation, and outreach. To request an appointment, complete the <u>Online Form</u>, call 610-861-1510, or email <u>CounselingCenter@Moravian.edu</u>. For an emergency or crisis situation, visit the <u>Emergency or Crisis</u> website. The Counseling Center is located at 1307 Main Street and the hours are 8am – 4:30pm. There are limited evening appointments available for students with clinical placements, field placements, etc.

**Center for Academic Excellence:** The Center for Academic Excellence at Moravian University supports students and high impact educational practices, bringing together academic content tutoring, peer-assisted learning, writing support, pre-college and first-year student general education programming, workshops for students and faculty in foundational literacy skill development, and much more. The Center for Academic Excellence does not have a location to call home on campus just yet; in the meantime, existing academic support services listed below function similarly to how they have over the last few years and are spread across campus. The <u>Academic Excellence Team</u> looks forward to developing an inclusive interdisciplinary space for learners across Moravian University to collaborate, grow, and succeed together (<u>Center for Academic Excellence | Moravian University</u>).

**IT Support:** Information Technology | Moravian University If a student requires assistance for all matters IT they may do so by making an appointment at: <u>https://calendly.com/moravianit/</u>. The IT Support desk advises that most issues can be solved through email or a Zoom call. To resolve IT manners in this way, students may submit an IT Ticket through the system via: <u>Client Portal Home</u> Students may also send a detailed email to: <u>help@moravian.edu</u>.

**Office for Diversity, Equity and Inclusion (DEI):** The Office for Diversity, Equity and Inclusion (DEI) provides leadership and works across the institution to support and sustain the development of a diverse, equitable, and inclusive campus culture where members of the community experience a sense of belonging. Our work centers critical reflection, community conversations, compassion, and collaboration. You can find more information at <a href="https://www.moravian.edu/diversity">https://www.moravian.edu/diversity</a>. The Office for Diversity, Equity and Inclusion is located in the DEI House at 1138 Main Street to serve as a resource for students, faculty, staff, and the broader Moravian University community. To contact a DEI representative, call 610-625-7847, or email <a href="https://www.acroavian.edu/diversity">dei@moravian.edu/diversity</a>.

**Center for Global Education (CGE):** The Center for Global Education (CGE) creates an engaged learning environment that inspires students, faculty, and staff to become globally competent by developing international and cross-cultural skills and an enhanced global consciousness, in order to thrive as academics, professionals, citizens, and individuals in an increasingly interdependent world. CGE is located at 1140 Main Street. For more information about CGE, call 610-625-7896 or email international@moravian.edu.

Accessibility Services Center (ASC): Moravian University is committed to ensuring the full participation of all students in its programs. If you have a documented disability (or you think you may have a disability) and, as a result, you need a reasonable accommodation to participate in a class, complete course requirements, or benefit from the institution's programs or services, contact the Accessibility Services Center (ASC) as soon as possible. To receive any academic accommodation, you must be appropriately registered with ASC. The ASC works with students confidentially and only discloses disability-related information on a need to know basis or with the student's permission. To contact the Accessibility Services Center (ASC), located in the lower level of the HUB, call 610-861-1401, or email asc@moravian.edu.

**Writing Center:** All members of the Moravian University community are welcome to visit the Writing Center. Writing Center consultants work with papers and multimodal compositions for any class, at any stage of the writing process. If you need the services of the Writing Center, please visit moravian.mywconline.com to make an appointment. The Writing Center is located on the second floor of Zinzendorf Hall, a building that is not accessible to persons with mobility impairments. If this impacts your ability to use the Writing Center, we will gladly make arrangements to meet with you in an accessible location. To make arrangements, contact the Accessibility Services Center (ASC) at 610-861-1401, or email asc@moravian.edu.

**Reeves Library:** Reeves Library is an invaluable resource for all members of the campus community. Librarians can be reached for many varied services and assistance, either in person or via an on-line chat: <u>https://www.moravian.edu/reeves.</u>

**Mo's Cupboard Food and Resource Pantry:** Mo's Cupboard provides shelf-stable food items, toiletries, dorm and cleaning supplies to any Moravian University, Graduate, or Seminary student in need. Mo's Cupboard is open any time the HUB is open. We also provide information for various community resources that may be of help. Mo's Cupboard is located in the Student Life Suite in the basement in the HUB. For more information, send an email to moscupboard@moravian.edu.

**Mo's Fund:** Mo's Fund aims to provide one-time financial support to Moravian University students who are experiencing financial hardship. Mo's Fund is supported by the <u>charitable</u> <u>donations of alumni and other supporters</u> of Moravian University who specifically want to support students facing these unexpected financial challenges. To learn more about Mo's Fund, please visit: <u>Mo's Fund | Moravian University</u>.

**Office of Spirituality and Inclusion:** The Office of Spirituality and Inclusion seeks to form connections creating an inclusive community that honors diversity and engages in spiritual dialogue in the pursuit of supporting and preparing students for a reflective life in a world of change. The chaplains provide opportunities for worship, discussion, fellowship, education, and personal growth. In addition, they are available for counseling. The Office of Spirituality and Inclusion also facilitates Safe Zone training. For more information, call 610-861-1583, email chaplains@moravian.edu, or visit the website https://www.moravian.edu/chaplains.

**Campus Police:** The Moravian University Police Department believes that safety is a shared responsibility and understands the importance of cooperation, education, and police-citizen partnerships in making our campus and our local community safe and enjoyable. To contact Campus Police, located at 119 W. Greenwich Street, call 610-861-1421 (24 Hours). For an emergency call 610-861-1465 (24 Hours). If you need an escort call 610-861-1421 (24 Hours). The Campus Police website (Campus Police | Moravian University) contains practical information about crime prevention, reporting processes, and emergency preparedness.

Advocates for Survivors of Sexual Violence: The Advocates for Survivors of Sexual Violence provide support and referral for student survivors of sexual violence, intimate partner violence, and stalking at Moravian University and Lancaster Theological Seminary. The Advocate team consists of male and female volunteer faculty and staff members. Advocates can be reached 24 hours a day during the academic year by calling or texting: 484-764-9242. Advocates are available to: listen and support you; answer questions and provide information; accompany you to medical treatment; assist you with academic needs; and explain campus and criminal reporting and resolution options. Support resources are outlined in detail and available at <u>moravian.edu/titleix/resources</u>.

# Licensure & Credentialing

MACC & MASC Programs & Pennsylvania Licensure: The overarching goal of both the MACC & MASC programs is to prepare students for eligibility for Pennsylvania State Licensure as Licensed Professional Counselors (LPCs). The 60-credit MACC and MASC programs meet the nine educational requirements outlined in Chapter 49: State Board of Social Workers, Marriage and Family Therapists and Professional Counselors—Licensure of Professional Counselors (§ 49.2). Graduates seeking to become Licensed Professional Counselors (LPC) in Pennsylvania must pass an approved exam (National Counselor Exam - NCE) and complete 3000 additional hours of supervised clinical experience, half of which must be under the supervision of an experienced LPC, as per Act 76 of 2018 (Senate Bill 530). Students who plan to practice counseling outside of Pennsylvania after graduating are responsible for understanding the licensing standards of the particular state in which they hope to practice. For more information, visit the website for the <u>State Board of Social</u> Workers, Marriage and Family Therapists, and Licensed Professional Counselors.

# School Counseling & Pre-K-12 Pennsylvania Certification (Educational Specialist, Level I)

All school counselors who intend to practice in the public schools in Pennsylvania must hold a certificate granted from the Pennsylvania Board of Education, the governing body that sets the standards and regulations for certification. Students wishing to be school counselors in other states must check the credentialing requirements from that state. All candidates for initial certification in Pennsylvania (Educational Specialist, Level I) in Elementary and Secondary School Counselor PK-12 must have:

- 1. Earned a minimum of a master's degree;
- 2. Completed an approved educational program of School Counseling;
- 3. Passed the Professional School Counselor (5421) content test (Praxis II) and fulfilled other requirements as established by the Pennsylvania Department of Education.
- 4. Received the verification/recommendation of Moravian University (see below)

#### **Mission Statement**

**MACC & MASC Program Mission Statements:** The Master of Arts in Clinical Counseling (MACC) and the Masters of Arts in School Counseling (MASC) at Moravian University welcomes people of all beliefs and viewpoints. Students in these programs gain the evidence-based skills and knowledge needed to ethically engage the practice of clinical and school counseling with an emphasis on service delivery to diverse populations, in a wide variety of community and school settings. Overall the MACC and MASC programs train students to cultivate the academic skills and personal awareness necessary to be effective, multiculturally competent helping professionals.

# Program/University Learning Outcomes & Goals

**Moravian Institutional Learning Outcomes (MOs):** Moravian University prepares each individual for a reflective life, fulfilling careers, and transformative leadership in a world of change and empowers students to develop the knowledge, attitudes, and skills that foster an appreciation of education as a process as well as a creative product. The University is committed to educating the full person through rigorous and sustained academic study and meaningful co-curricular experiences. Students will engage in the integration of knowledge across disciplines and reflect on their intellectual, social, and personal development to interact with a dynamic world. The MACC and MASC programs and curricula are guided by the following Moravian Institutional Learning Outcomes:

- 1. **Develop Skills and Literacies:** Develop skills and literacies (e.g. writing, reading, oral, digital, quantitative, qualitative) to communicate effectively within the changing world.
- 2. Acquire Knowledge: Acquire disciplinary and interdisciplinary knowledge (content and skills), in both breadth and depth to engage with the world in an informed manner.
- 3. **Recognize diverse perspectives:** (e.g. personal, social, cultural, global, historical, intellectual, experiential), values, attitudes, and experiences within different contexts to expand the scope of one's own worldview.
- 4. **Cultivate Critical Questioning:** Cultivate intellectual curiosity and solve problems by critically questioning, evaluating, and integrating ideas to navigate the shifting representations of the social and natural worlds.
- 5. **Create and Engage:** Create expressions of knowledge and ideas, and engage with the broader world in a reflective and impactful manner (e.g. through leadership, civic engagement research, artistic production).

# MACC & MASC Program Goals

The overarching goal of the MACC and MASC programs is to prepare students to become competent scholar-practitioners who are eligible for state licensure and/or certification in their particular specialty

area. Graduates of the MACC and MASC programs demonstrate skills and knowledge in the following areas:

- 1. Professionalism and ethical practice according to the American Counseling Association Code of Ethics and federal and state laws governing counseling practice
- 2. Biopsychosocial models of human growth and development
- 3. Theoretical approaches to counseling and case conceptualization
- 4. Integrative approach to wellness and prevention
- 5. Helping relationships and counseling skills
- 6. Group counseling, process, and dynamics
- 7. Psycho-education
- 8. Career and vocational development
- 9. Multicultural, social justice, and advocacy in counseling and the profession
- 10. Appraisal and assessment
- 11. Research and program evaluation methods
- 12. Psychopathology and diagnostic systems

MACC & MASC Program Learning Outcomes (POs): Learning outcomes for the MACC and MASC programs are used to evaluate students' performance in academic courses and field placements. These learning outcomes are embedded in programmatic evaluations such as the: Readiness for Practicum Evaluation, Clinical Placement Learning Agreements, End-of-Semester Field Placement Evaluations, and End-of-Semester Course Evaluations. Below is the list of programmatic learning outcomes:

- 1. **Helping Relationships** Understands foundational frameworks for counseling and interviewing processes in an intercultural society; develops counselor self-awareness and basic listening/attending skills needed to form and sustain effective counseling relationships.
- 2. **Professional Identity** Articulates and demonstrates one's counseling identity and demonstrates appropriate professional behavior; demonstrates and utilizes the ACA Ethical Code to enrich understanding of personal identity, the field of professional counseling, and case conceptualization.
- 3. **Career and Lifestyle Development** Understands the history, principles, and theories of career counseling. Demonstrates an ability to apply various models of career counseling as they relate to assessment, developmental perspectives, and cultural considerations in vocational planning.
- 4. **Human Growth and Development** Demonstrates knowledge and understanding of the biological, moral, faith, familial, and societal bases of human development and behavior throughout the lifespan.
- 5. **Clinical Appraisal** Demonstrates knowledge of theories, classification systems, and relevant assessment measures of psychological pathology, including but not limited to, biological and sociocultural theories as applied to case formulation, diagnosis, and treatment planning.

- 6. **Counseling Theory** Demonstrates knowledge of evidence-based theories and practices of counseling by articulating therapeutic orientations and applying selective interventions for different clinical issues and social locations.
- 7. **Social and Cultural Foundations** Demonstrates knowledge, self-awareness, and skills in working with community members representing various cultural, interfaith, and personal backgrounds. Is able to ethically apply multicultural assessment models.
- 8. **Group Theory and Practice** Understands the history, principles, and theories of group counseling and therapy. Demonstrates an ability to identify group dynamics and apply various models of group counseling, as they relate to issues of psycho-education, interpersonal communication, problem-solving, and ethical decision-making.
- 9. **Research Design and Methodology** Demonstrates knowledge of scientific methods commonly used by counselor practitioners in clinical work, including knowledge of the application of evidence-based scholarship to evaluate clinical practices, interventions, and programs.
- 10. **Clinical Instruction** Includes 100 hours of supervised Practicum experience which precedes 600 hours of supervised Internship experience.

# MACC & MASC Curricula

**Course Modality:** Courses in both the MACC and MASC programs may be offered in a variety of formats. Courses may be offered in a purely on-line format (e.g. asynchronous), a 'live on-line' format (e.g. synchronous on Zoom), in a blended/hybrid format, or in a live classroom on campus. Full-time students are required to take the courses when they are offered in the format in which they are offered. Part-time students may decide when and how to take their coursework.

**Course Type:** There are 2 types of courses in the MACC and MASC programs: *clinical* and *theoretical*. A clinical course is largely focused on skill development and its application to counseling and a theoretical course is largely focused on knowledge acquisition needed for a counselor's real-world performance. The clinical courses (C) are numbered below as they unfold in the program's learning sequence. If <u>not</u> noted, the remaining courses are theoretical: MCC/MSC 500; MCC/MSC 570; MCC/MSC 680; MCC/MSC 685; MCC/MSC 686

**Certificates:** Students completing the MACC program, will automatically earn certificates by completing the program. Others, who are not full-time students in the program are also eligible to take the MACC certificates. Below is more information about each certificate:

1. Trauma Certificate:

Below are the courses that must be completed:

MCC 500 Trauma Informed Counseling MCC 505 Advanced Trauma Topics MCC 510 Grief & Bereavement Counseling MCC 515 Crisis Intervention 2. Cognitive Behavioral Certificate: Below are the courses that must be completed:

MCC 620 Cognitive Behavioral Therapy MCC 625 Third Wave Cognitive Behavioral Modalities

3. Tele-health Certificate: In the MCC 580 Practicum course, MACC & MASC students will complete an on-line module in the course that will lead to their earning the Tele-Health certificate.

**MASC Students & Certificates:** Students in the School Counseling Program will complete 2 certificates noted above: Trauma Certificate and Tele-Health Certificate, but will not complete the CBT Certificate, unless they wish to graduate with 66 credits instead of 60.

# MACC & MASC Program Sequences

MACC & MASC - Full-time vs. Part-time Enrollment: For those students who enter either the MACC or MASC program in the fall semester and wish to complete the MACC/MASC program full-time, below are the 2-year paths to graduation. Other students may finish the program part-time, taking 2-3 classes per semester, leading to an average completion time being 3-3.5 years. Below is the 2-year path to graduation. If a student deviates from the full-time/fall start course sequence in any way, they will automatically be considered part-time and will not be able to graduate within the 2-year timeframe. As well, these new part-time students will work with their advisor to determine which classes to take, however, the program will not guarantee which courses will be offered when.

#### MACC/MASC Full-time Program Sequence

# Fall 1

- 1. MCC 500 Helping Relationships
- 2. MCC 510 Professional Orientation: Ethics and Counseling -or-MSC 510 Professional Orientation: Ethics and School
- 3. MCC 530 Human Growth & Development MCC 550 Counseling Theory
- 4. MCC 560 Social and Cultural Foundations

# Spring 1

- 1. MCC 520 Career & Lifestyle Counseling
- MCC 570 Group Theory and Practice or MSC 570 Group Theory and Practice for School Counselors
- **3.** MCC 535 Assessment for Counselors
- MCC 545 DSM & Psychopathology. -or-MSC 545 Counseling Students with Disabilities and Diagnoses
- 5. MCC 640 Sexuality Across the Lifespan

# Summer 1

- 1. MCC 580 Research Design & Methodology
- 2. MCC 615 Crisis Intervention

 MCC 620 Cognitive Behavioral Therapy - or -MSC 650 School Guidance Program Administration

## Fall 2

- 1. MCC 680 Practicum
- 2. MCC 600 Trauma Informed Practice
- 3. MCC 610 Grief & Bereavement

## Spring 2

 MCC 685 Internship Supervision I – or-MSC 685 Internship Supervision I: School Counseling MCC 605 Advanced Trauma Topics

#### Summer 2 (No School Counseling classes)

- 1. MCC 686 Internship Supervision II
- 2. MCC 625 Third Wave Cognitive Behavioral Modalities

#### Fall 3 (School Counseling Only)

- 1. MSC 686 Internship Supervision II: School Counseling
- 2. MSC 640 School Counselors Working with English Language Learners

\*Students who complete the 2-year program and only have the Internship II class to complete may 'walk' in the May graduation in the Semester 5/Spring 2 semester as noted above.

# **Course Catalog Descriptions**

Course Descriptions: Below is a list of course descriptions for the MACC & MASC programs:

**MCC 500: Helping Relationships:** This course will teach students the fundamental techniques used in the helping processes so they may develop a proficiency in using them. Students will be required to reflect upon their use of the micro-counseling attending skills and critically analyze their work. The course will emphasize students' ability to create an effective counseling relationship and professional counseling environment.

MCC 510 Professional Orientation: Ethics & Counseling: This course examines the history, professional roles, specializations, organizations, credentialing, and ethical and legal issues in the counseling field. The course addresses counselors' professional identity formation, advocacy duties, self-care, and ethical decision making. The course will cover the American Counseling Association Code of Ethics and PA jurisprudence.

MSC 510 Professional Orientation: Ethics & School Counseling: This course examines the history, professional roles, specializations, organizations, credentialing, and ethical and legal issues in the school counseling field. The course addresses school counselors' professional identity formation, advocacy duties, self-care, and ethical decision making. The course will cover the American Counseling Association and its associated bodies ethical codes, specifically the American School Counseling

Association, as well as PA jurisprudence.

MCC 520 Career and Lifestyle Counseling: This course covers theories and research on career development, and methods of career counseling and assessment. The course will require students to both explore their own career development, as well as learn how to conceptualize and provide intervention for the career development of their clients. Attention will be paid in this course to the intersection of career and life issues, as well as how career work is informed by the multicultural identities of clients.

**MCC 530 Human Growth and Development:** This course examines the research and theories of human development across the lifespan, focusing on physical, emotional, cognitive, and psychosocial development. Normal development will be stressed, but aspects of atypical development, and developmental challenges will also be considered. Lifespan and developmental stages will all be contextualized through the lens of a multicultural framework.

MCC 535 Assessment For Counselors: This course will cover the practical, ethical, and multiculturally competent administration of individual assessment and testing instruments in counseling. Students will learn to use assessments and test results to enhance their clinical interventions. Course content will prepare students to analyze, interpret, and evaluate assessment reports and recommendations from third parties.

**MCC 545 DSM & Psychopathology:** This course will cover the current DSM psychiatric system, and specifically the characteristics, etiology and contributing factors of specific diagnoses. Students will learn how to arrive at a differential diagnosis. The course will address evidence-based interventions for these diagnoses.

**MSC 545 Counseling Students with Disabilities and Diagnoses:** This course will cover the current DSM Diagnostic system, and the characteristics, etiology and contributing factors of specific disabilities and diagnoses found in school aged children. The course will address evidence-based interventions for these disabilities and diagnoses, and in particular, school-based consultation practices. Students will also learn the DSM categories that are relevant for adults, and specifically, those with which the parents of the students they are working with or their family members may be struggling.

**MCC 550: Counseling Theories:** This course provides an overview of the major classical and contemporary theoretical approaches to individual counseling and how counselors put these theories into practice. Students will consider counseling theories through a multicultural and feminist lens to understand their client's behavior. Students will discern how to integrate counseling theories into their own counseling practice.

MCC 560 Social and Cultural Foundations: In this course students will explore multicultural theory, research and treatment modalities. Students will learn how to develop their knowledge, awareness and skills for working with diverse clientele in counseling. The course requires students to examine both their own and clients' complex cultural identity with a particular focus on privilege and oppression and how these identities inform the counseling process. Special topics examined in this course include, but are not limited to: race, ethnicity, social class, ability, biological sex, sexual orientation, gender identity, language, religion, immigration, and nationality.

**MCC 570 Group Theory and Practice:** This course teaches the student to apply the theory and practice of group counseling as it is utilized in the mental health field. This applied course will focus on the facets of group counseling including: ethics, legalities, diversity, development, dynamics, process,

methods, roles, and leadership styles and skills. Students will be required to co-lead a peer group in the classroom setting.

**MSC 570 Group Theory and Practice for School Counselors:** This course teaches the student to apply the theory and practice of group counseling as it is utilized in elementary and secondary school settings. This applied course will focus on the facets of group counseling including: ethics, legalities, diversity, development, dynamics, process, methods, roles, and leadership styles and skills. Students will be required to co-lead a peer group in the classroom setting.

MCC 580 Research Design and Methodology: This course offers an overview of common research designs and analytical methods used in the behavioral sciences. The fundamentals of research will be covered including: the role of the literature review, theory, study construction, method design, and ethics. Students learn how to select appropriate research designs, employ data collection procedures, and write a research proposal.

**MCC 600 Trauma Informed Practice:** This course serves as an overview of trauma-informed care in counseling. Course content will cover historical trauma treatment, as well as current approaches that include cognitive, neurological, psychological, biochemical, developmental, and interpersonal aspects of trauma work. Consideration will be given to trauma based diagnoses, how trauma prevails in specific populations, and the sociopolitical realities that traumatize some more than others.

**MCC 605 Advanced Trauma Topics:** This course covers advanced trauma care topics that build upon the knowledge gained and skills developed in the MCC 694 Trauma Informed Care course. The topics covered in this course will include vicarious traumatization of the service provider, treatment strategies for insidious and complex trauma and related dissociative disorders, how the brain responds to trauma, how socio-political oppression informs individuals' trauma, and how the intergenerational transmission of trauma presents in clients' trauma narratives and presenting symptomatology.

**MCC 610: Grief and Bereavement:** This course explores the complexity of how people struggle with grief and bereavement. In particular, the course will cover the cultural, emotional, psychological, physical and spiritual dimensions of grief and bereavement across the lifespan. Students will examine current models of grief theory and recovery treatment. Emphasis will be placed on therapeutic strategies for facilitating holistic grief work in counseling.

**MCC 615 Crisis Intervention:** This course is an overview of crisis intervention. Major theoretical models of situational crises are examined and operationalized across a variety of service delivery systems. Students will develop conceptual competency necessary for professionals engaged in crisis interventions. Special emphasis is given to contemporary research in suicidology, disaster psychology, and crisis management for public schools. Topics of discussion include emergency situations such as natural disasters, terrorism, school violence, abuse, and crisis interventions with diverse populations.

**MCC 620 Cognitive Behavioral Therapy:** This course covers the theory, principles, and interventions used in Cognitive Behavioral Therapy (CBT). The course will explore Aaron Beck's and Albert Ellis' versions of CBT utilizing an applied perspective for case conceptualizations and treatment plans. The course will cover empirically based CBT interventions for common psychopathological disorders.

MCC 625 Third Wave Cognitive Behavioral Modalities: This course will provide a theoretical overview of the main Third Wave Cognitive Behavioral Therapies (CBT) including: Mindfulness,

Acceptance & Commitment Therapy (ACT), Compassion Focused Therapy (CFT) and Dialectical Behaviour Therapy (DBT). Students will also learn how to ethically apply these approaches across a range of practice environments with diverse populations.

**MCC 630 Substance Use and Addictive Disorders:** Addictions treatment involves the integration of assessment, clinical skill, prevention education, and specialized treatment for individuals suffering from substance abuse disorders. This course will provide an overview of the ethics, legalities, etiology, diagnostics, and treatment approaches and effectiveness for working with individuals with substance abuse disorders. Course materials will include information about mood altering chemical substances, their pharmacology, physiological effects and psychological consequences. The impact of substance abuse on the family, workplace, and larger society will also be addressed.

**MCC 635 Practical Psychopharmacology:** This course will introduce students to clinical psychopharmacology and how it should be used ethically in the treatment of mental health disorders. The course will cover psychiatric medications, neurobiology, and treatment guidelines.

**MCC 640 Sexuality Across the Lifespan:** This course will cover human sexuality across the lifespan as it construes an important aspect of one's identity and relationships with others. Course material will explore biological, social, and psychological facets of human sexuality, including development, identity, expression, and dysfunction. This course will not cover sex therapy.

**MSC 640 School Counselors Working with English Language Learners:** This course prepares future school counselors to work with English language learners (ELLs) in K-12 school settings. The course will teach students the techniques, ethical decision making, and assessment methods effective for use with this unique student group. The course will help students to develop their multicultural competence and advocacy skills in their work with ELLs, their families, and other professionals in the school environment.

**MSC 650 School Guidance Program Administration:** Students will be introduced to the theory and practice of school guidance programs. Students will develop an understanding of the history of school guidance programs and will be given the tools to design, implement, and evaluate a comprehensive guidance program. Students will also learn how to put technological tools to practice in school guidance programs and across school settings.

**MCC 680 Practicum:** This weekly clinical supervision course serves as the entry level field experience in the counseling masters program. Students are expected to complete 100 hours of field experience in an approved school, institution, or agency. The Practicum requires a minimum of 40-direct service hours as well as indirect service hours. Each week students will participate in 3 hours of weekly instruction and group supervision with faculty and fellow Practicum students, as well as a minimum of 1-hour weekly on-site-supervision. Students will present cases, site updates, and ethical dilemmas to enhance self-awareness and clinical skills. The Practicum Instructor and Site Supervisor will oversee students' performance to determine student's satisfactory completion of the Practicum experience.

MCC 685 & 686 Internship I & II: Clinical Counseling: This weekly clinical supervision course (Internship I or II) serves as the 2nd and 3rd in the clinical field experience sequence in the masters counseling program. Students are expected to complete 300 hours of field experience in an approved school, institution, or agency in both Internship I and II, totalling 600 hours. Each Internship requires a minimum of 120-direct client contact service hours as well as indirect service hours. Each week students

will participate in 3 hours of weekly instruction and group supervision with faculty and fellow Internship students, as well as a minimum of 1-hour weekly on-site-supervision. Students will present cases, site updates, and ethical dilemmas to enhance self-awareness and clinical skills. The Internship Instructor and Site Supervisor will oversee students' performance to determine student's satisfactory completion of the Internship experience.

**MSC 685 & 686 Internship I & II: School Counseling:** This weekly clinical supervision course (Internship I or II) serves as the 2nd and 3rd in the clinical field experience sequence in the masters of school counseling program. The internship offers the opportunity for school counseling students to synthesize and apply what they have learned in an actual school counseling setting. Students are expected to complete 300 hours of field experience in an approved school in both Internship I and II, totalling 600 hours. Each Internship requires a minimum of 120-direct client contact service hours as well as indirect service hours including: intake sessions, individual and family and group counseling, classroom guidance, and psycho-educational outreach programs. School counseling students must complete one internship in an elementary school setting, and the other in a secondary school setting. Each week students will participate in 3 hours of weekly instruction and group supervision from a Certified School Counselor. Internship students will present cases, site updates, and ethical dilemmas to enhance self-awareness and clinical skills. The Internship Instructor and Certified School Counselor Supervisor will oversee students' performance to determine student's satisfactory completion of the School Counseling Internship experience.

#### Advising

Good advising and ongoing feedback are essential components of students' success. Students are assigned a faculty advisor who will assist them with their academic and professional matters. Advisors will monitor the student's progress throughout their program of study and will deliver ongoing feedback regarding the student's status in the program. Academic advising is not a confidential or therapeutic relationship, rather is designed for mentoring, aiding in problem solving, career planning, and facilitates and supports professional growth. Advisors might need to identify issues that belong in personal therapy rather than in advising and will discuss this with the student in order to recommend appropriate resources. It is the students' responsibility to interface with their advisor as needed and in a planful manner. Students should always request pre-set appointments with their advisors to discuss any matter, instead of discussing program matters with advisors during class time or casually in passing on campus. Although advisors understand that from time to time, students will need appointments immediately, students are requested to think ahead about their need to meet with their advisor and to schedule accordingly. Students are reminded that they are responsible for tracking their academic progress through the program, academic advisors are available to guide and mentor students through their academic and professional goals.

**Student Meetings:** Students will have meetings over the course of their graduate academic career with their professors, with supervisors and with administration. Students cannot bring outside guests to a meeting (i.e., a family member or close friend) unless prior approval is given. The University official may invite another staff) or faculty member(s) who can assist with the business at hand to participate in the meeting. The student may also request that they bring another relevant Moravian University party to the meeting. This may include a faculty advisor, a professor, ASC members, or a student success advisor.

**Requesting Reference Letters and Program Endorsements:** Students seeking letters of recommendation during the search for practicum or internship placement should ask the Director of Clinical Training, Professors and academic advisors one month in advance. Professors and advisors may elect to decline to give a recommendation to students or alumni. For those seeking employment recommendations, please contact the faculty member, advisor, or Program Director and obtain permission to use them as a reference <u>prior to giving their name to a future employer</u>. Professors may elect to decline to give a recommendation for students or alumni seeking employment.

#### Policies & Procedures for the MACC & MASC Programs

The MACC and MASC programs at Moravian University are subject to the University's policies and procedures, which can be found on the <u>University policies</u> page and the <u>Institutional Policies</u> page. Academic policies for the program and the University are found in the <u>University Student Handbook</u>. All students remain subject to all academic standards established by Moravian University, the Handbook for Graduate and Adult Undergraduate Students and the MCC program as well as to all policies, regulations, and laws applicable to all Moravian University students, including but not limited to the University's Code of Student Conduct and Academic Code of Conduct. Students should be aware that the University, and the MACC/MASC Programs have related but distinct conduct policies and procedures and that they may be simultaneously subject to the University <u>and MACC/MASC's</u> disciplinary actions. Students should also be aware that disciplinary actions taken by the University, or MACC/MASC programs are separate and distinct processes from any legal charges/court proceedings that may be involved in a student conduct issue. Furthermore, legal decisions/outcomes may not necessarily impact disciplinary decisions/actions made by the University, or MACC/MASC programs.

**Code of Conduct:** It is the responsibility of all students of Moravian University to know the information included in the <u>Student Code of Conduct</u>. The Code is reviewed and updated annually and as necessary to ensure compliance with the law and adherence to the values of the University. Students should be aware that the University, and MACC/MASC Programs have related, but distinct conduct policies and procedures and that they may be simultaneously subject to the University, University, and MACC/MASC disciplinary actions. Students should also be aware that disciplinary actions taken by the University, University, or MCC program are separate and distinct processes from any legal charges/court proceedings that may be involved in a student conduct issue. Furthermore, legal decisions/outcomes may not necessarily impact disciplinary decisions/actions made by the University, or MACC/MASC programs.

**Grading Scale:** Students in the MSC & MCC programs must obtain a grade of B or better, that is higher than an 80% in all courses as per below:

| 94.00 - 100 = A +  | 75.00 - 79.99 = C + | 0 - 59.99 = F |
|--------------------|---------------------|---------------|
| 90.00 - 93.99 = A  | 70.00 - 74.99 = C   |               |
| 85.00 - 89.99 = B+ | 65.00 - 69.99 = D+  |               |

80.00 - 84.99 = B 60.00 - 64.99 = D

Academic Standing: Students in the MACC and MASC programs must earn a B or above in all required coursework to remain in the program. If a student earns a grade of B- or below in a required course, the student may be removed from the program, or be given the opportunity to retake the class. These decisions will be made on a case-by-case basis. When a required course is repeated, the original course and grade remain on the transcript. If the required course (or its equivalent) is taken and the grade meets the criteria above (or the criteria for transfer of credit) only the grade of the new course will be factored into the student's GPA.

Academic Integrity: Academic integrity is the foundation on which learning at Moravian University is built. Students are expected to perform their academic work honestly and fairly. In addition, students should neither hinder nor unfairly assist the efforts of other students to complete their work successfully. Institutional expectations and the consequences of failure to meet those expectations are outlined in the <u>Student Handbook | Moravian University</u>.

American Counseling Association (ACA) Code of Ethics: The MACC and MASC programs endorse and comply with the Etthical Standards of the American Counseling Association. These standards describe the professional and ethical behavior expected of students both in the classroom and in the field placement sequence of the MACC and MASC programs. In addition to meeting academic standards, Moravian University expects all students to maintain standards of conduct appropriate to the Counseling profession. Adherence to these standards is a requirement for admission to and continuance of the field placement sequence of the MACC and MASC programs. Students are also required to familiarize themselves with these ethical standards and with the laws and court precedents concerning the Professional Practice of Counseling in the Commonwealth of Pennsylvania.

**Standards Related to Education and Training:** The 2014 ACA Code of Ethics Section F provides standards related to field placement, site supervisors, supervision, student/supervisee responsibilities, gatekeeping and remediation, and counselor educators (faculty). The introduction to Section F states: "Counselor supervisors, trainers, and educators aspire to foster meaningful and respectful professional relationships and to maintain appropriate boundaries with supervisors and students in both face-to-face and electronic formats. They have theoretical and pedagogical foundations for their work; have knowledge of supervision models; and aim to be fair, accurate, and honest in their assessments of counselors, students, and supervisees" (p.12)

**Professionalism:** A high level of professionalism is expected of all MACC and MASC students. The primary responsibility of any counseling graduate program is the protection of the public. Of particular importance is a student's overall sensitivity, confidentiality, professional attitude and behavior in all aspects of student academic work, including professional working relationships, collegial relationships and participation in University events. This includes, but is not limited to, the following:

• An ability and willingness to acquire and integrate professional standards into one's repertoire of professional and academic classroom behavior;

- An ability to acquire professional skills and reach an accepted level of competency;
- An ability to understand and operate within the bounds of the current level of professional competence;
- An ability to control personal stress, psychological dysfunction, or emotional reactions either/both in clinical placement or in the academic setting.

Any faculty member or any other person supervising or evaluating any aspect of a student in the MACC and MASC program who has concerns about a student's behavior (as detailed in the Moravian University Graduate Handbook <u>DRAFT 2021 HANDBOOK FOR STUDENTS</u> <u>ENROLLED IN GRADUATE LEVEL AND DEGREE COMPLETION PROGRAMS AND</u> <u>COURSES.docx</u>, MACC/MASC policies and/or the ACA Code of Ethics) will follow the procedure detailed in the Review and Retention section of this handbook.

**Practicing Outside of Competency and/or Training Scope:** A student shall not perform any function that exceeds their level of training, i.e., students should only perform those roles and responsibilities in both the Practicum and Internship sites that are covered by the school's liability policy. Any changes in the student's ability to engage in professional practice, for example, through the commission of a crime that prevents licensure, may prompt the Department to determine that completion of the program is not possible and the student may be dismissed from the program. Please refer specifically to the sections on 'Grievances' and 'Dismissal' in the Graduate Student Handbook.

**Professional Designation:** Students may sign their email signature and any other documents with a year of study and the program in which they are matriculated for example: Bob Smith, First year student, Moravian University MACC or MASC Program, class of 20XX (represents graduation year). Students can sign materials as a practicum student, trainee, or intern according to their status in their field placement. <u>There is no signature designation of MA Candidate</u> that students can use. Students are still considered candidates for their degree during the few weeks between completing all requirements and commencement.

**Student Use of Social Media:** Students who use social media must keep in mind how communications may be perceived by clients, faculty, and other counseling professionals. The ACA Code of Ethics (American Counseling Association, 2014), Section H.6 identifies specific issues related to Social Media, and MACC/MASC students are responsible for becoming familiar with this and all parts of the ACA Code of Ethics:

# "H.6. Social Media

H.6.a. Virtual Professional Presence In cases where counselors wish to maintain a professional and personal presence for social media use, separate professional and personal web pages and profiles are created to clearly distinguish between the two kinds of virtual presence. H.6.b. Social Media as Part of Informed Consent Counselors clearly explain to their clients, as part of the informed consent procedure, the benefits, limitations, and boundaries of the use of social media.

*H.6.c.* Client Virtual Presence Counselors respect the privacy of their clients' presence on social media unless given consent to view such information.

*H.6.d. Use of Public Social Media Counselors take precautions to avoid disclosing confidential information through public social media.*"

Attendance: Attendance to classes, practicum/internship placements and appointments with advisers or other academic related meetings are essential components in our program. Students who do not take their attendance in the program seriously will be remediated.

**Leave of Absence:** Students who find it necessary to leave the University but who plan to return within one year may request a leave of absence. The decision to take a leave of absence is a serious one. Moravian University policy requires students to discuss leave-of-absence plans and decisions with their Program Director or the Provost's Office.

Though a leave of absence for up to two academic terms will protect students against changes in academic requirements and will facilitate their return, there is no guarantee that financial aid will be continued. Students on a leave also should be aware that courses taken during the leave at other colleges or universities may affect their academic standing at the University. Graduate students making such plans should consult with their Student Experience Mentor or Program Director.

In order to return to the University, students must contact the Provost's Office and apply for readmission. The readmission process will initiate the student's course registration and arrangements for housing. Students who fail to return after the approved leave period will be withdrawn from the University.

To request a leave of absence, students must follow the procedures outlined in the <u>Withdrawal from</u> <u>University</u> process, and indicate that they would like to request a leave of absence. Note that policies for the refund of tuition and fees, as well as reimbursement of financial aid are the same as for students that are withdrawing from the University.

**Nondiscrimination Policy:** Moravian University is a welcoming community that embraces and values the diversity of all members of the campus community. We accept and embrace the uniqueness of all individuals, and we cultivate an environment that respects, affirms, and defends the dignity of each member of our community. Moravian University does not discriminate against any person based on actual or perceived race, color, sex, religion, ancestry, genetic information, national origin, sexual orientation, gender identity or expression, familial status, marital status, age, veteran status, mental or physical disability, use of guide or support animals and/or mechanical aids, or any other basis protected by applicable federal, state, or local laws.

**Title IX and Mandatory Reporter Statement:** Moravian University faculty are committed to providing a learning environment free from gender discrimination and sexual violence. Should a student disclose a concern of this nature, the faculty member is obligated to inform the Title IX Director, who

will assist the student in determining resources for support and resolution. Fully confidential reporting options include the Counseling Center, Health Center, and Religious Life (chaplain). Survivors are encouraged to seek immediate assistance by contacting the Advocates at (484) 764-9242. For more information, please visit <u>www.moravian.edu/titleix</u>.

**Grievance Procedures:** All members of the community should feel safe to bring forward complaints of violations of any University or MACC/MASC policy. Depending on the identities (faculty, staff, student, or visitor) of the involved parties and the nature of the reported incident, one or more of the University's grievance procedures may be invoked to respond. Information about these processes can be found using the links found in the following section of the Student Handbook: <u>Grievance Procedures</u> <u>Moravian University</u>

If you are unsure how to make a report, Campus Police will be able to direct you to the proper department. If you prefer a confidential resource, the Counseling Center will also be able to refer you to the appropriate department.

# Technical Standards for the School of Behavioral & Community Health (Master of Clinical Counseling and Master of School Counseling Programs)

All counselors (including students and faculty) must follow the terms of the American Counseling Association (ACA) Code of Ethics and are required to abide by the terms of their state licensing laws as well. To prepare student counselors for success in the field, the following essential functions and technical standards are set forth to ensure successful completion of the program, with or without reasonable accommodations. Please reference the Student Handbook for resources and support in obtaining accommodations as needed.

# Professionalism

Professionalism, which is also called, "presentation of self" refers to how students, faculty, and staff present themselves in the classroom and professional settings throughout their educational and occupational trajectory, from matriculation to graduation and beyond. In this context, the word "professional" describes the functions of both clinical and school counselors.

Achieving optimal professionalism is an aspirational goal that all counselors work towards throughout their career. Components of this include, but are not limited to:

- Integrity
- Respect
- Competence
- Genuineness / Authenticity
- Communication
- Humility / Lifelong Learning
- Ethical Conduct according to the American Counseling Association (2014)

The standards outlined in this document represent an informed consent agreement between the student and the SoBaCH faculty and programs. In situations where students struggle to meet these standards, the student will meet with their Advisor, Program Director, and/or the SoBaCH Dean to develop a Remediation Plan to address any areas of concern. Students will be provided a clear timeline and pathway for improvement, as well as clear understanding of potential consequences for ongoing struggle or inability to meet the minimum standards. This process is found on pages 21-25 of the Student Handbook and may vary by SoBaCH program. Consideration will be given to students experiencing difficulties due to extenuating circumstances, with efforts made to develop a remediation plan to assist them in navigating their situation while maintaining the integrity of the program (e.g., taking a Leave of Absence until the extenuating circumstances have passed).

# **Essential Functions:**

# 1. Communication

Students must be willing and able to meet the following requirements:

- Express ideas and feelings clearly;
- Demonstrate effective verbal and nonverbal communication skills, including the ability to interpret verbal and nonverbal communication objectively in all interactions with classmates, faculty, field instructors, task supervisors, staff, clients, other professionals, and all others they might come into contact with;
- Advocate for themselves in an appropriate and responsible manner i.e., challenge with compassion and respect; and,
- Demonstrate proficiency of both written and spoken English at matriculation into the program, although applications from students with hearing and/or speech disabilities will receive full consideration. In such cases, the use of a trained intermediary or other communications aide may be appropriate if it functions only as an information conduit and does not serve integrative or interpretive functions.

# 2. Physical and Cognitive Ability

Students must have sufficient sensory, motor, and cognitive skills to meet the following requirements:

- Attend and participate in classes, residencies, and field placements per the expectations outlined in the syllabi;
- Navigate transportation to attend field, residency, and classroom requirements;
- Use the technology required to engage in scholarship and effective practice including, but not limited to, the use of computers, telephones, and agency databases;
- Demonstrate the capacity to think critically and to apply effective problem-solving skills
- Demonstrate the ability to acquire knowledge and process experiences to inform practice; and,
- Identify and utilize time management strategies to meet requirements in classes, residencies, and field placements.

# 3. Emotional and Mental Stability, Management, and Regulation

In accordance with the ACA Code of Ethics (§ C.2.g), counseling students should not allow their personal problems or issues to interfere with their judgment and performance or to jeopardize the best interests of clients or constituents. The counseling student must demonstrate the emotional and mental

stability necessary to execute sound judgment and performance in the program as well as generally to support the practice of counseling. Students must be willing and able to meet the following standards:

- Demonstrate awareness of the role and impact of self-disclosure (the revealing of personal information) and boundaries in classroom and field-settings, including within all assignments;
  - Encouraged: Drawing from personal experiences that inform your development of counselor identity; pausing to consider the potential impact of any disclosure on others (classmates, clients, supervisors, etc.)
  - Discouraged: Drawing from personal experiences that are unrelated to your development of counselor identity; sharing details that may negatively impact others (classmates, clients, supervisors, etc.)
- Maintain courteous, civil relationships with colleagues, peers, faculty, field instructors/task supervisors, staff, clients, and other professionals;
- Seek appropriate help when personal issues interfere with practice and academic performance;
- Manage stress effectively through self-care and by relying upon supportive relationships with colleagues, peers, and others; and
- Appropriately integrate into practice constructive feedback received in both classroom and field settings.

# 4. Self-Awareness and Reflective Thinking

Students must be willing and able to meet the following requirements:

- Demonstrate a willingness to continually reflect on their own values, attitudes, beliefs, biases, emotions, and past and current experiences, and to consider how these factors affect their thinking, behavior, interactions, and relationships;
- Demonstrate the capacity to continuously re-assess their own strengths, limitations, and suitability for counseling practice, adjusting practice as needed;
- Take responsibility for their own actions and consider the impact of these actions on others; and
- Seek supervision and accept constructive feedback in a positive manner.

# 5. Respect for Diversity and Social Justice

Counseling practice requires understanding, affirming, and respecting another individual's way of life and values. Counselors appreciate that, as a consequence of difference, a person's life experiences may include racism, oppression, poverty, marginalization, and alienation as well as privilege and power. Students must be willing and able to meet the following requirements:

- Demonstrate a willingness to examine their personal beliefs, values, and assumptions that perpetuate or counter oppression;
- Strive to relate and to work nonjudgmentally with others, regardless of the person's age, class, color, culture, race or ethnicity, family structure, beliefs, religion, sex, gender, gender identity, sexual orientation, marital status, national origin, ability, and/or value system;
- Demonstrate knowledge of and sensitivity to diversity, oppression, intersectionality, power, and privilege;
- Approach differences with an attitude of humility and respect, acknowledging the importance of cultural differences in shaping life experiences;
- Demonstrate the ability to develop and strengthen cross-cultural proficiency sufficient to work effectively with a wide variety of diverse groups and communities; and

• Exhibit an appreciation for difference and a commitment to engage around the complex issues of diversity and social justice, seeking guidance and assistance as needed.

# 6. Ethical Conduct

Students are required to adhere to ethical conduct and decision-making in accordance with the values, ethics, and standards established for the counseling profession, as formalized in the ACA Code of Ethics, and to abide by all applicable University policies, including the University's Honor Code. Students must be willing and able to meet the following requirements:

- Adhere to a commitment to clients and constituents' rights to freedom of choice and selfdetermination;
- Demonstrate behavior and decisions reflecting the highest standards of honesty and integrity;
- Maintain appropriate boundaries with classmates, peers, faculty, field instructors/task supervisors, staff, clients, and other professionals;
- Understand their role in practice as a learner and counseling student. This includes the ability to correctly judge the limits of one's own competence and to seek help from an appropriate source when necessary;
- Disclose any criminal conviction, plea of guilty, plea of no contact, plea of nolo contendere, Alfred plea, deferred prosecution, prayer for judgment, or any other acceptance of responsibility for the commission of a crime, other than a traffic-related misdemeanor or infraction at point of admissions or as the situation arises which occurred at any time before or during the program;
- Disclose any discipline imposed by a state licensing board or the equivalent which occurred at any time before or during the program; and
- Follow federal and state laws and agency policies regarding confidentiality and mandatory reporting, including seeking permission from agency administrators for the use of agency materials, records, or audio-visual materials for academic course work.

# 7. Interpersonal Skills

Students must be willing and able to meet the following requirements:

- Demonstrate the ability to build rapport with and work cohesively with colleagues, peers, faculty, field instructors/task supervisors, staff, clients, constituents, and other professionals;
- Demonstrate the capacity to understand the experience and perspectives of individuals or groups and use this empathy as a basis for a productive relationship; and
- Exhibit conflict resolution skills, including the ability to negotiate differing attitudes and opinions.

# 8. Academic and Professional Standards

Students must be willing and able to meet the following requirements:

- Demonstrate the ability to meet the School's requirements to remain in good academic standing and to continue in the program (minimum grade of B in every course);
- Show the capacity to successfully complete required field practicum/internship hours and demonstrate positive progress in the behavioral indicators in the field and classroom settings;
- Follow the policies, procedures, and operating standards of the University, the School, the Program, and the field placement agency;
- Ensure that appearance, dress, and general demeanor are appropriate to the context, such as following agency requirements in field settings;

- Be punctual and dependable; prioritize responsibilities and manage time well; attend class, residencies, and field placements in accordance with relevant policy; observe deadlines; and conscientiously arrange and keep appointments; and
- Adhere to agency policies and practices throughout the learning process and supervision.

# MACC & MASC Programs Impaired Student and Remediation Policy (Review, Remediation, and Retention)

This policy, in compliance with the 2014 American Counseling Association's Code of Ethics, outlines the Counseling Programs' obligation to identify, address and assist in the remediation (if possible) of students who have impairments that interfere with their ability to be successful counselors. The specific 2014 ACA Code of Ethics sections that support this policy are Section C.2.g, "Impairment," Section F8 "Student Responsibilities" and Section F9 "Evaluation and Remediation of Students."

**Faculty Gatekeeping and Programmatic Student Remediation:** Professions engaged in protection of the public health and welfare charge its members with the responsibility of monitoring and gatekeeping potential new members. Therefore, the MACC and MASC programs at Moravian University maintain that in order to protect their students, the profession, and the eventual consumers of services provided by graduates, it is necessary to monitor students' academic and professional development while in the program. This monitoring specifically focuses on both academic performance and professional conduct. As such, the department's faculty is responsible for assuring that only those students who continue to meet academic and professional program standards are allowed to continue in any of the department's academic programs. Students' admission into a graduate program does not guarantee that they are fit to remain in the program. Thus, members of the faculty will evaluate student performance and professional conduct on an ongoing-basis, semester by semester. The faculty will make judgments based on student behavior, course performance, supervisors' evaluations of students' performance in the field, and students' adherence to any and all codes of ethics that have bearing upon the student's training while in the program.

**Impaired Student Definition:** An impaired student is someone who has significant physical, mental or emotional problems likely to harm a client and affect the student's ability to participate within and graduate from the University with requisite knowledge, skills and temperament required to be a successful professional counselor. Some signs and symptoms of such impairment <u>could include, but are not limited to</u>, a pattern of the following:

- 1. Unusual or inappropriate behavior;
- 2. Negative changes in academic performance;
- 3. Frequent or unexplained absences and/or tardiness from academic responsibilities;
- 4. Frequent or unexplained illnesses or accidents;
- 5. Significant inability to contend with routine difficulties and act to overcome them;
- 6. Violations of the "Student Code of Conduct" as indicated in the Moravian Handbook;

- 7. Violations of the good academic performance requirement as indicated in the Moravian Handbook;
- 8. Inadequate Professionalism/professional comportment;
- 9. Unwilling to engage in collaboration;
- 10. Questionable Honesty/Integrity;
- 11. Lacking respect to classmates, faculty or administrators both in the academic arena and at clinical placement;
- 12. Irreverence for learning;
- 13. Inadequate emotional maturity or flexibility.

**Identification of student impairment is an ongoing process:** Student attitude and behavior on campus, inside the classroom and as a representative of the Moravian MACC/MASC programs in the community are contexts for assessment of potential impairment. Course work, practica, and internships provide both students and faculty opportunities to identify personal barriers students may experience that interfere with their ability to be successful in the counseling profession. Any concerns regarding the student's progress or appropriateness for the counseling profession are brought directly to the student's academic advisor and the Program Director or designee if appropriate.

**Remediation:** Remediation focuses on the behavior of the impaired student and not on any underlying medical or other condition or disability. If impairment is caused by a disability, it shall be the student's obligation to comply with University Policy as outlined in the student handbook with regard to disability accommodations. Remediation action for impairment may include but is not limited to:

- 1. Scheduled monitoring meetings with the student's academic advisor;
- 2. Additional remedial or professional training related to the impairment or deficit;
- 3. Academic support (tutoring, additional class work with the course professor, etc.);
- 4. Counseling and other forms of mental health treatment;
- 5. Self-structured behavioral change;
- 6. Additional field experiences;
- 7. Leaves of absence with return to program contingent on remediation of the student's impairment and consistent with university policy;
- 8. Other actions as seen necessary by the Program Director and faculty.

# Student Understanding of Review, Remediation, and Retention and Consent Agreement:

Upon admission to the Graduate Program in Clinical Counseling or School Counseling, students will be given the opportunity to review the expectations for academic and professional development while in the program. The process and form used to evaluate and support students' progress are below and describe the overall remediation process. Students are required to sign and date the Student Review, Remediation & Retention Policy and Consent Form to demonstrate their understanding and agreement before beginning any course or field experience. The original signed consent form will be kept in the student's file. Students may request a copy of their consent form for their records.

**Review & Remediation Plan:** Each semester, the student's advisor, Program Committee and Program Director will use the Review & Remediation Plan to assess each student in the program. If there is no

cause for concern, the Review & Remediation Plan form will not be completed. If it is evident that a student is making satisfactory progress in the program, both from an academic and professional development perspective, then no action will be taken. If, however, a student may need additional help to be successful in academic and/or clinical work, faculty may work with this student on an informal basis to find support.

If any faculty member, however, believes that informal means of support for a student will not entirely address a student's problems, they will discuss these problems at a Program Committee meeting, or with the Program Director, to solidify appropriate measures of remediation and establish a timeline for change. This will be construed as a Remediation Plan. In this Remediation Plan, a student will be given one semester to demonstrate concrete, measurable change on any of the areas deemed 'Unsatisfactory.' If after one semester, the student has not demonstrated concrete, measurable improvement on the categories noted as 'Unsatisfactory' on the Remediation Plan, the student may be dismissed from the program. With appropriate approvals from the university, which also has policies regarding terms for dismissal from programs, the program <u>MAY</u> determine that a 2nd semester is warranted for the proper and fair remediation of a student in the MACC/MASC program. All students should be advised that the determination of timelines for remediation (e.g whether or not a 2nd semester is even a remediation option) is at the sole discretion of the Program Committee in coordination with the Program Director.

**Dismissal:** Student dismissal will be based on the formal dismissal policies found in the Moravian University catalog. Failure to adhere to the remediation plan, or continued failure to remediate the barrier/s or the issue/s interfering with the student's ability to practice successfully as a professional counselor may be considered for dismissal from the program.

**Student Appeal Process:** The student has the right to appeal the conclusions and/or decisions made. The purpose of this appeal process is to secure, at the lowest possible level, an equitable solution to the student's concerns. The appeal process follows the guidelines delineated in the Graduate Student Handbook at: <u>DRAFT 2021 HANDBOOK FOR STUDENTS ENROLLED IN GRADUATE LEVEL</u> <u>AND DEGREE COMPLETION PROGRAMS AND COURSES.docx</u>

**Remediation Forms:** Below are the 2 forms that are used by the program for the student remediation process. The first is the consent form which must be signed by the student prior to their starting classes. The 2nd form is the Remediation form to be used if needed:

#### Moravian University Graduate Program in Clinical & School Counseling Student Review, Remediation & Retention Policy: Student Consent Form

**Faculty Gatekeeping & Remediation Responsibilities**: Professions engaged in protection of the public health and welfare charge its members with the responsibility of monitoring and gatekeeping potential new members. Therefore, the Clinical Counseling and School Counseling at Moravian University maintain that in order to protect their students, the profession, and the eventual consumers of services provided by graduates, it is necessary to monitor students' academic and professional development while in the program. This monitoring specifically focuses on both academic performance and professional conduct. As such, the programs' faculty is responsible for assuring that only those students who continue to meet academic and professional program standards are allowed to continue in any of the department's academic programs. Students' admission into a graduate program in Clinical or School Counseling does not guarantee that they are fit to remain in that program. Thus, members of the faculty will evaluate student performance and professional conduct on an ongoing-basis, semester by semester. The faculty will make judgments based on student professionalism, course performance, supervisors' evaluations of students' performance in the field, and students' adherence to any and all codes of ethics that have bearing upon the student's training while in the program.

**Student Understanding of Remediation and Consent Agreement:** Upon admission to the graduate program in Clinical Counseling or School Counseling, students will be given the opportunity to review and ask questions about the expectations for academic and professional development while in the program. To demonstrate their understanding and agreement of the remediation process before beginning any course or field experience, students will sign and date this Student Review, Remediation & Retention Policy and Consent Form. The original signed consent form will be kept in the student's file. Students may request a copy of their consent form for their records.

**Review & Remediation Plan:** Each semester, the student's advisor, Program Committee and Program Director will use the Review & Remediation Plan to assess each student in the program. If there is no cause for concern, the Review & Remediation Plan will not be filled out. If it is evident that a student is making satisfactory progress in the program, both from an academic and professional development perspective, then no action will be taken. If, however, a student may need additional help to be successful in academic and/or clinical work, faculty may work with this student on an informal basis to find support. If any faculty member, however, believes that informal means of support a student will not entirely address a student's problems, they will discuss these concerns at a Program Committee meeting or with the Program Director to solidify appropriate measures of remediation and establish a timeline for change. This plan will be construed as '**Student X's name'** Review & Remediation Plan. In this Plan **Student X** will be given one semester to demonstrate concrete, measurable change on any of the areas deemed 'Unsatisfactory.' on the Remediation Plan. If after one semester, the student has not demonstrated concrete, measurable improvement on the categories noted as 'Unsatisfactory' in the Remediation Plan, including lack of participation in the remediation plan or failure to fully meet the expectations of the remediation plan are grounds for program dismissal.

I have read the above remediation policy and agree to the terms therein:

| Student Signature:    | Da |
|-----------------------|----|
| Student Printed Name: | Da |
| Advisor's Signature:  | Da |
| Revised: January 2023 |    |

| Date: |  |
|-------|--|
| Date: |  |
| Date  |  |

# Moravian University Graduate Program in Clinical & School Counseling Student Review, Remediation & Retention Remediation Plan

Student Name:\_\_\_\_\_

Rating Scale

- '0' rating indicates 'Can't Observe.
- '1' rating indicates 'Poor'.
- '2' rating indicates Fair.
- '3' rating indicates 'Good'.
- ''4' rating indicates 'Excellent'.

#### The student commits to concretely improving upon the areas as outlined below within one semester:

| Academic Performance  | 0 | 1 | 2 | 3 | 4 |
|---|---|---|---|---|---|
| Earn a minimum grade of 'B' or better in all required coursework                        |   |   |   |   |   |
| Demonstrate clarity of expression in oral and written communications                    |   |   |   |   |   |
| Demonstrate self-reliance, resourcefulness, and academic integrity in preparation       |   |   |   |   |   |
| for classes, exams, and research  |   |   |   |   |   |
| Demonstrate ability to conceptualize and synthesize course material                     |   |   |   |   |   |
| Demonstrate timeliness, attentiveness, and dependability in attendance,                 |   |   |   |   |   |
| participation, and completion of all class meetings, assignments, and program           |   |   |   |   |   |
| activities  |   |   |   |   |   |
| Professional Responsibility   |   |   |   |   |   |
| Relate to peers, faculty, supervisors, instructors, administrators, clients, and others |   |   |   |   |   |
| in an appropriate professional manner   |   |   |   |   |   |
| Demonstrate commitment to the profession  |   |   |   |   |   |
| Demonstrate motivation and apply maximum effort to develop professionally               |   |   |   |   |   |
| Demonstrate ethical awareness and conduct and to apply legal and ethical                |   |   |   |   |   |
| standards throughout all program areas  |   |   |   |   |   |
| Competence  |   |   |   |   |   |
| Demonstrate mastery of clinical/applied skills commensurate with counselor              |   |   |   |   |   |
| developmental level   |   |   |   |   |   |
| Take responsibility for compensating for deficiencies                                   |   |   |   |   |   |
| Provide only those services and apply only those techniques for which s/he is           |   |   |   |   |   |
| qualified by education, training, supervision, and/or experience                        |   |   |   |   |   |
| Demonstrate basic cognitive skills and appropriate affect in response to clients and    |   |   |   |   |   |
| peers   |   |   |   |   |   |
| Utilize culturally relevant/effective interventions and to advocate appropriately for   |   |   |   |   |   |
| client needs  |   |   |   |   |   |
| Take responsibility for her/his own behaviors and decisions                             |   |   |   |   |   |
| Conduct   |   |   |   |   |   |
| Demonstrate appropriate self-control (such as anger, impulse, withdrawal) with          |   |   |   |   |   |
| peers, faculty, supervisors, instructors, administrators, clients, and others           |   |   |   |   |   |

| Demonstrate honesty and fairness both personally and professionally                  |  |   |  |
|--|--|---|--|
| Demonstrate awareness of his/her own belief systems, values, and limitations such    |  |   |  |
| that these do not negatively affect his/her professional work                        |  |   |  |
| Demonstrate timely and respectful communication with faculty, peers, supervisors,    |  |   |  |
| and others   |  |   |  |
| Demonstrate the ability to collaborate with and to receive, integrate, and utilize   |  |   |  |
| feedback from peers, faculty, supervisors, instructors, administrators, clients, and |  |   |  |
| others   |  |   |  |
| Integrity  |  |   |  |
| Respect the fundamental rights, dignity, and worth of all people                     |  |   |  |
| Respect the rights of individuals to privacy, confidentiality, and choices           |  |   |  |
| regarding self-determination   |  |   |  |
| Demonstrate awareness of personal cultural identity, and respect cultural,           |  |   |  |
| individual, and role differences (age, gender, race, ethnicity, national origin,     |  |   |  |
| religion, sexual orientation, physical ability, language, and socioeconomic          |  |   |  |
| status) in all professional relationships  |  |   |  |
| Self-Care and Personal Wellness  |  |   |  |
| Dress appropriately and practice personal hygiene appropriate to the academic        |  |   |  |
| and professional setting   |  |   |  |
| Engage in healthy behaviors and use appropriate resources for self-care              |  |   |  |
| Monitor own well-being and effectiveness and demonstrate responsibility for          |  |   |  |
| her/his own personal wellness  |  |   |  |
| Demonstrate the ability to function effectively in stressful situations              |  |   |  |
| Demonstrate the ability to resolve conflicts appropriately                           |  |   |  |
|  |  | • |  |

Comments/Plan for Improvement:

I have read this evaluation and discussed it with my advisor. I agree to attend to the items specified in this remediation plan.

| Student Signature:    | Date: |
|-----------------------|-------|
| Student Printed Name: |       |
| Faculty Advisor:      | Date: |
| Program Director:     | Date: |

Revised: January 2023

# PART II: FIELD PLACEMENT

# Introduction

Field placement in the MACC and MASC programs is an important component of the 60-credit counseling degree. The three-semester field-placement sequence (Practicum, Internship 1, and Internship II) meets the teaching and practice standards required of counselors in training. The field-placement sequence facilitates personal and professional growth and development in counseling excellence, with an understanding of the many dimensions of individuals and families in an intercultural, multi-layered context. Students who are interested in pursuing Practica and Internships in states other than Pennsylvania <u>must</u> become familiar with the current laws and regulations concerning counseling and licensure in the state in which they hope to practice.

**Philosophy and Objectives of Field Placement:** Consistent with the philosophy that professional education rests upon integration of theory and practice, the MACC and MASC programs provide concurrent class instruction and field placement during the final year of the graduate program. The overall objective of the field placement is to enable the student to augment and integrate classroom learning into counseling services in their chosen counseling setting. Throughout this experience, the student will:

- Develop awareness of the relationship between the placement site and the social, political, and cultural contexts of practice therein;
- Demonstrate understanding of the role of central counseling values and ethics in practice;
- Develop and hone professional knowledge and skills used in counseling, including beginning and advanced counseling skills, integration of counseling theory with practice, self- awareness, therapeutic use of self, and an ability to create an inclusive presence;
- Effectively integrate classroom content into the work at the field placement;
- Develop an understanding of the process through which an agency/school changes and develops in response to changes in the clients/students it serves;
- Demonstrate responsible interaction with counselors and/or professionals from other disciplines, with whom they are serving their clients/students.
- Use supervision in a manner that enhances professional development.

The MACC and MASC programs view Practicum and Internship class work and the field placement itself as mutually supportive and complementary. In line with the programs' beliefs that the field placement relates to and supports all parts of the curriculum, the placement agency/school is called upon to provide an educational setting in which the student has the broadest possible exposure to all aspects of agency/school functioning in addition to direct practice experiences.

# **Prerequisite Courses for Field Placement:**

Prior to entering the field placement sequence, students must achieve a B or higher in the required courses that introduce and develop the counseling skills and professional identity necessary for field work.

These prerequisite courses are:

- MCC 500 Helping Relationships
- MCC 510 Professional Orientation: Ethics & Counseling
- MCC 530 Human Growth & Development
- MCC 535 Assessment for Counselors
- MCC 550 Counseling Theory
- MCC 560 Social & Cultural Foundations
- MCC or MSC 570 Group Counseling

# **Personal Counseling:**

Individual and group psychotherapy enrich the graduate school experience. Receiving psychotherapy helps students gain a better understanding of countertransference reactions and dynamics of client relationships. It's also an opportunity for role-modeling with a seasoned professional and a wonderful opportunity to navigate some of the stress that comes up in being a student. MACC/MASC students are strongly encouraged to fully participate in 5-8 sessions of personal (individual or group) counseling with a licensed professional counselor, psychologist, licensed pastoral counselor, licensed social worker, or licensed marriage and family therapist prior to beginning Internship I.

# ALL INFORMATION REGARDING FIELD PLACEMENT CAN BE FOUND IN THE MACC/MASC FIELD MANUAL