



wayForward



IBH

POPULATION
HEALTH
SOLUTIONS

Getting set on the right track

LET'S GO FORWARD TOGETHER



■ **Free**
24/7 Access

■ **One-stop**
Shop

■ Supported by
Clinical **Research**

■ Available
Whenever and
Wherever

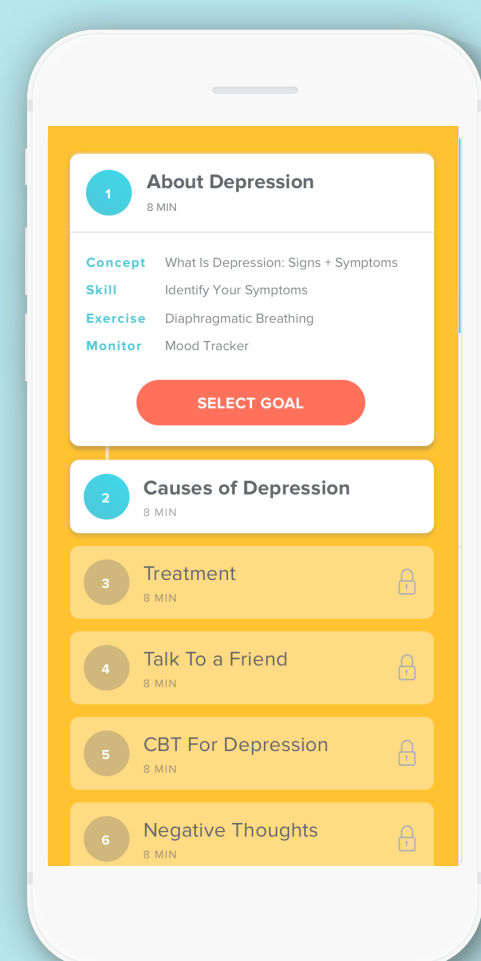
■ **Anonymous**
and
Secure

■ Created by
Renowned
Experts

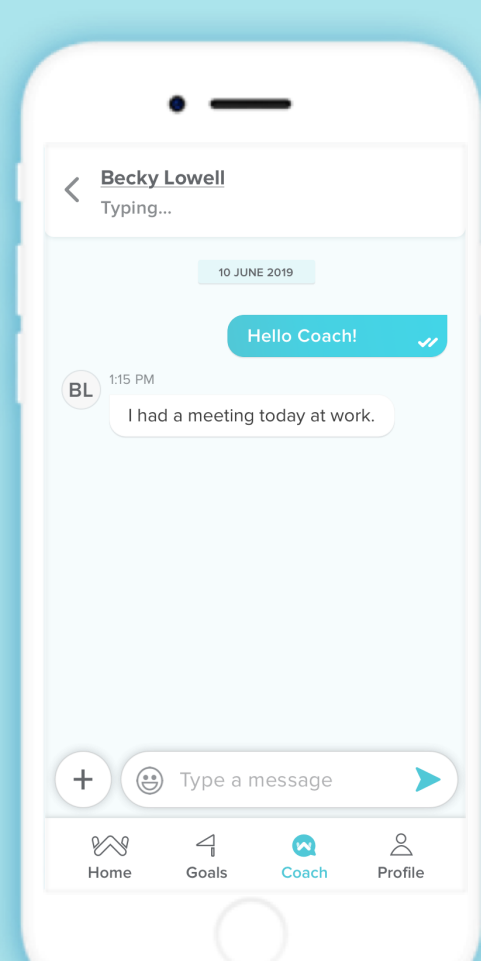
■ Innovative and
User-friendly
Design

OUR SOLUTIONS

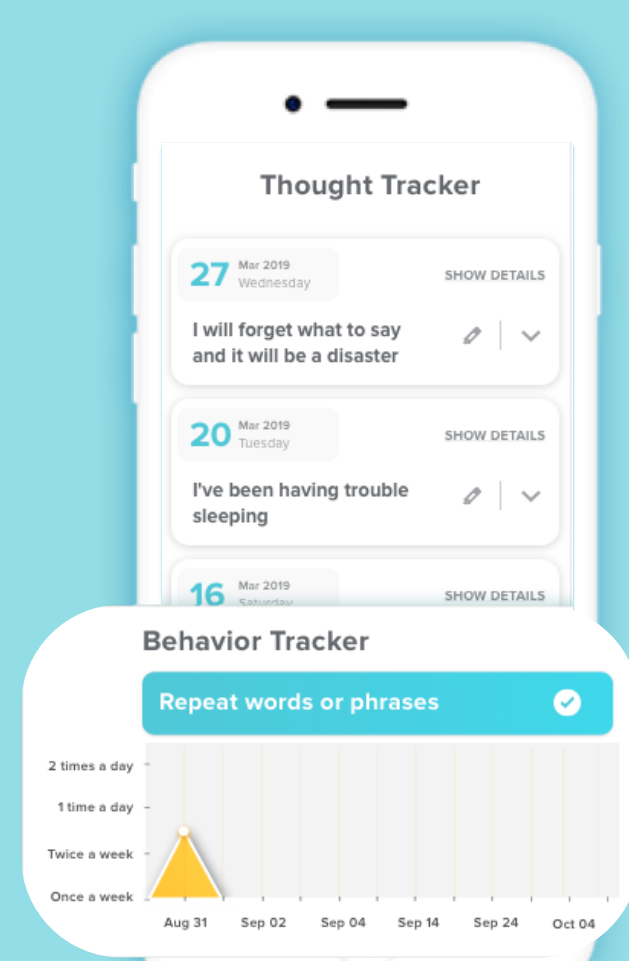
Self-guided program



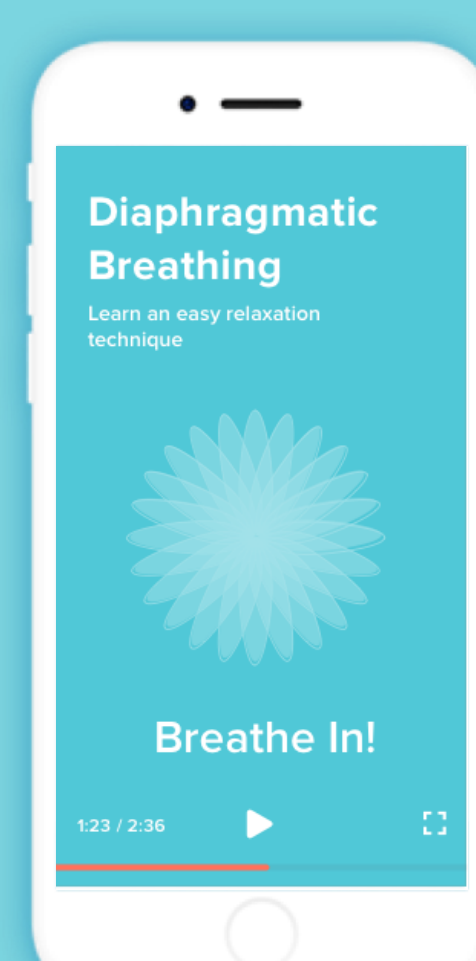
Text-based Coaching



Mood & Behavior Trackers



Relaxation Exercises



TO ACCESS:

1. Search for 'wayForward' in the app store and download the app on your phone.
2. Click on GET STARTED and register as a NEW user.
3. You will be asked for an employer ID. Please use "Moravian".

OR



Scan this
code to Download
the App

wayForward

Email: support@wayforward.io