

MORAVIAN UNIVERSITY

Resources for Moravian University Students Admitted to the Hospital

Moravian understands that going to the hospital can be disruptive to your routine and create challenges related to classroom and student involvement activities. School is important and you may be concerned about missing coursework while you are in the hospital or recovering. Remember that your health is also important and you will likely perform better in school when you are at your physical and mental best. You are encouraged to prioritize your health and stay in communication with your faculty and the supportive resources shared in this document so we can support your return and create a plan for your academic success.

Things to do/know while at the hospital:

- Student Life staff will typically contact your emergency contact to let them know you are at the hospital in case you were unable to do so.
- The Office of the Provost will typically contact your faculty to let them know you are not in class and provide updates for how long you expect to be unable to engage with academics. Note that this is just a notification and it is up to the faculty teaching each course to determine how this falls under their attendance policy. As soon as you are able, you will want to be in direct communication with your faculty to discuss how to address any missed work. You do not need to share the details of why you were absent with your faculty, but you may choose to do so.
- Students often wonder if they should tell anyone they are at the hospital. You don't have to tell anyone if you don't want to, but it can be helpful to let certain people know so they are not worried, especially if you will be gone overnight or for multiple days. Moravian staff can contact students, faculty, or staff *with your permission*. Contacts will be made with sensitivity and respect for your privacy.
- If you would like to request a confidential visit from a University Chaplain while you are in the hospital, please email chaplains@moravian.edu or call 610-861-1411. You may also request a Chaplain through any Student Life representative or by calling Campus Police. It does not need to be a critical situation to request a Chaplain. Your Chaplains are here to support you in any circumstance.
- If you are currently working with a counselor from the Moravian University Counseling Center and your hospitalization is related to mental health, please consider allowing your hospital healthcare providers to collaborate with your therapist. Allowing your healthcare providers to collaborate will facilitate your treatment and care after you are discharged. To do so you will need to do the following:
 - Notify your healthcare provider at the hospital that you would like them to contact your Moravian University Counselor (contact information for the center is below).
 - Complete a release of information form giving your Moravian University counselor permission to speak to your hospital healthcare provider. You can complete this form by logging into your student health portal at <https://moravian.studenthealthportal.com/>.
 - Notify your healthcare provider at the hospital if you are currently receiving psychiatric care through Mantra Health. Mantra Health will have you complete their own release of information form. Communication between Mantra Health and the hospital treatment team is important, even if you are referred to a new psychiatric provider at discharge.

- Consider signing a release of information for hospital staff to speak with other departments on campus involved in your health and return to learning, including the Health Center and the Athletic Training Department (for athletes). Contact information for relevant departments can be found below.

Things to do after discharge:

- If you need a ride back to campus, contact Campus Police at 610-861-1421.
- Any time a student is admitted to the hospital, it is strongly encouraged that they meet with the Dean for Community Wellness upon return to ensure connection to supportive resources. This is especially the case when students have sought treatment for their mental health.
 - Call or email Student Life (contact information below) to schedule a return to campus meeting.
 - Upload your discharge paperwork, including any diagnosis and treatment plan, securely using this link: <https://tinyurl.com/studentdevelopmentupload>.
 - You do not need to wait for this meeting to return to class.
- Contact each of your professors to let them know you are back so you can create a plan for that course. If you are unable to come up with a plan, you can contact the Accessibility Services Center for support.
- If you are absent for more than a week, or if you expect to have ongoing impacts from your hospitalization, you are encouraged to contact the Accessibility Services Center.
- In the case of a concussion or other head injury, be sure to contact the Accessibility Services Center as soon as you are discharged from the hospital. ASC can work collaboratively with your healthcare providers to develop an appropriate “return to learn” plan that will allow you to safely and effectively resume your studies. ASC can also provide temporary accommodations, as needed, related to academic attendance and assessment.
- Contact the Health Center if you need additional medical assistance after discharge.

Moravian University Contacts:

Depending on the circumstances of your hospital visit, you may want to sign a release of information allowing hospital staff to speak with one or more of the following University departments:

- **Counseling Center**
 - Phone: 610-861-1510
 - Fax: 610-625-7935
 - Email: counselingcenter@moravian.edu
 - Web: www.moravian.edu/counseling
- **Spirituality and Inclusion (Chaplain’s Office)**
 - Phone: 610-861-1411
 - Email: chaplains@moravian.edu
- **Student Life**
 - Phone: 610-861-1503
 - Fax: 610-625-7794
 - Email: meyserg@moravian.edu
- **Campus Police**
 - Phone: 610-861-1421 (available 24/7)
- **Health Center**
 - Phone: 610-861-1567
 - Fax: 610-625-7899
 - Email: healthcenter@moravian.edu
 - Web: www.moravian.edu/healthcenter
- **Athletic Training (for Student-Athletes)**
 - Phone 610-625-7005
 - Email : athletictraining@moravian.edu
- **Accessibility Services Center**
 - Phone: 610-861-1401
 - Fax: 610-625-7877
 - Email: asc@moravian.edu
 - Web: www.moravian.edu/accessibility