

Mental Health Referral Pamphlet

Moravian University CAPS
1307 Main Street, 610-861-1510
caps@moravian.edu

Resources included in this pamphlet are located primarily in Northampton, Lehigh, Lancaster, and Berks counties.

Please note: this list is not exhaustive and was adapted from Kutztown University. The listing of a counselor/agency in this document does not represent an endorsement by Moravian University CAPS.

***Indicates Medicaid is accepted.*

Crisis Intervention

All crisis services are available 24/7/365

National Suicide Prevention Lifeline

Dial 988 or Text HOME to 741-41
988lifeline.org

Trevor Project Crisis Line (LGBTQ+)

866-488-7386 or Text START to 678-678

Steve Fund Crisis Text Line (People of Color)

Text STEVE to 741-741

Northampton County Crisis Intervention

610-829-4788

Lehigh County Crisis Intervention

610-782-3127

Lancaster County Crisis Intervention

717-394-2631

Berks County Crisis Intervention

610-379-2007

Sexual Assault and Domestic Violence

Crime Victims Council of the Lehigh Valley

24/7 Hotline: 610-437-6611

Turning Point of Lehigh Valley

610-437-3369

Safe Berks Crisis Hotline

610-372-9540 or Text SAFE BERKS to
20121

Domestic Violence Shelter Hotline for Lancaster County

717-299-1249 or Text SAFE to 61222

National Domestic Violence Hotline

800-799-7233 or Text START to 88788

General Counseling Groups/Agencies

Advanced Counseling and Testing Solutions, LLC

2121 Oregon Pike, Lancaster 717-208-6599
4 Wellington Blvd, Suite 101, Wyomissing,
484-987-7116

****Berks Counseling Center**

645 Penn St, Reading 610-373-4281

****Berkshire Psychiatric**

1800 N. 12th St., Reading 610-816-5728

****Callowhill Family Therapy (sliding scale)**

244 N 5th St., #510, Reading,
610-372-8822

****Center for Integrated Behavioral Health**

1 E. Broad Street, Suite 510, Bethlehem,
610-865-4300

Center for Psychological Health and Wellness

122 W. Lancaster Avenue #206, Shillington,
484-509-0499

Cold Creek Counseling, LLC

941 Wheatland Ave., Suite 301 Lancaster,
717-454-3832

****CONCERN (sliding scale)**

22 N. Franklin St., Fleetwood,
610-541-2309

DGR Behavioral Health, LLC

2201 Ridgewood Road, #400 Wyomissing,
610-944-0445

175 S. 21st Street, Easton, 484-497-9699

Ethos Clinic

3835 Chestnut St. Emmaus, 484-232-5288
428 S. 7th St., Lehighton, 610-900-4234

****Family Guidance Center (sliding scale)**

Locations in Kutztown, Wyomissing,
Boyertown, and Hamburt, 610-374-4963

Hispanic American Organization

462 West Walnut St., Allentown
610-351-2292

****Lehigh Valley Adult & Pediatric
Psychiatry**

1259 S Cedar Crest Blvd, #320, Allentown,
610-402-5900

Lehigh Valley Counselors

2045 Westgate Dr. #206, Bethlehem,
610-596-4222

****Pennsylvania Counseling Services**

1733 Penn Ave., Reading, 610-670-7270
125 S. 5th St., Reading, 610-685-2188
40 Pearl Street, Lancaster, 717-397-8081

****Pinebrook Family Answers**

402 N. Fulton St., Allentown, 610-432-3919
1101 Northampton St. #210, Easton,
610-559-8151

16 S. Broadway #2, Wind Gap,
610-863-8151

****Preventive Measures**

515 W. Linden Street, Allentown,
484-225-4323

Springfield Psychological

560 Van Reed Road, #301, Wyomissing,
610-544-2110

****St. Luke's Penn Foundation**

Multiple locations: 215-257-6551

Sunpoint Wellness Center

8 North Queen, Lancaster PA,
717-297-0515

****Tower Health Medical Group Psychiatry**

420 S. 5th Ave., West Reading,
484-628-8000

West End Counseling and Wellness

5000 Tilghman St. #370, Allentown,
610-569-0252

General Counseling Individual Practices

Darren Aboyou, PhD

Easton, 610-250-9009

Edward J. Lundeen, PhD

Allentown, 610-820-8499

Laurie Harford, PsyD

Allentown, 610-820-4006

Madeleine Langman, PhD

Allentown, 610-686-3978

Alcohol and Other Drug Counseling

24-hour Helpline for Substance Abuse

800-626-2463

AA Meetings

AA.org

AL Anon Meetings

al-anon.org

Alcohol Hotline

800-331-2900

Alcohol & Drug Helpline

800-821-6465

****Berks Counseling AOD/Dual Diagnosis**

645 Penn St, Reading, 610-373-4281

Hispanic American Organization

462 West Walnut St, Allentown,
610-435-5534

****Livengrin Treatment Center**

3I S. Commerce Way, #300, Bethlehem,
800-245-4746

Malvern Treatment Centers

Malvern, 610-625-8376

**Mid-Atlantic Rehabilitation Services
(M.A.RS) (sliding scale)**

826 Delaware Ave, Bethlehem,
610-419-3101

**Mind Matters Coaching, Counseling, &
Psychological Associates**

Reading, Allentown, Orwigsburg,
844-696-4631

Muhlenberg Behavioral Health

2545 Schoenersville Rd, Bethlehem,
484-884-2425

Naaman Center

645 N. 6th St., Reading, 610-375-4224

New Directions Treatment Service Inc.

2442 Brodhead Rd., Bethlehem,
610-758-8011

832 N. Park Rd., I Park Plaza, Wyomissing,
610-750- 6130

**Peace and Harmony House Outpatient
Counseling**

1150 Berkshire Blvd., #245, Wyomissing,
610-750-6015

Penn Foundation

807 Lawn Ave., Sellersville, 215-257-6551

Pyramid Healthcare Centers

1605 N. Cedar Crest Blvd., #602 Allentown
610-434-1126

2906 William Penn Highway, #403, Gat 2,
Easton 484-837-1010

**Pyramid Methadone Maintenance
Treatment Center**

104 Davies Dr., York, 866-416-1238

**Tower Health Medical Group Addiction
Medical**

101 Wellness Way, #210, Reading
484-628-5858

StepBy-Step' Inc.

Intake Line 570-829-3477

Transitions by Caresense, LLC

2201 Dengler St., Reading, 484-388-4200

Treatment Trends, Inc.

1130 Walnut St. Allentown, 610-432-7690

Wellsprings Solutions

4 Wellington Blvd., # 202, Wyomissing,
610-985-0711

White Deer Run Treatment Network

1620 Riverside Dr., Bethlehem,
484-895-1018

Alcohol and Other Drug Assessment

****Berks County: TASC**

610-375-4426

**Carbon, Monroe, Pike Counties Drug &
Alcohol Commissions. INC.**

Carbon County office, 610-377-5177
Monroe County, 570-517-7152 or
888-694-9996

Pike County, 570-296-1054

MARS-ATP

826 Delaware, Bethlehem, 610-419-3101

Psychiatric Services

Berkshire Psychiatric

1800 North 12th Street, Reading,
610-816-5728

****Lancaster Behavioral Health**

Hospital-Psychiatry

333 Harrisburg Avenue, Lancaster,
717-740-4100

LVPG Consultation Liaison, Psychiatry

1251S. Cedar Crest Blvd., Allentown,
610-402-5766

LVPG Adult & Pediatric Psychiatry

1259 S. Cedar Crest Blvd., Suite 230,
Allentown, 610-402-5900

****LVHN Mental Health Clinic**

Only accepts clients within LVHN

17th St. Allentown, 610-969-2388

Reading Psychiatry

640 Walnut St., Reading, 610-208-8850

Eating Disorders Counseling

**The Renfrew Center-Residential
Treatment**

475 Spring Lake, Philadelphia,
1-800-736-3739

****The Renfrew Center-Outpatient
Treatment**

1528 Walnut Street, Suite 805, Philadelphia,
1-800-736-3739

Nutrition Counseling

**Nourish Center Therapy & Wellness I
Joanna Fitzgerald**

4060 Skippack Pike, Skippack,
484-946-5769

New Life Dietitian LLC | Megan Tappan

87 Medinah Dr., Reading, 720-513-4576

OAA Orthopedic Specialists | Kathleen Jones

250 Cetronia Rd., Suite A, Allentown,
610-973- 6200

Psychological Evaluation

Advanced Counseling and Testing Solutions

2121 Oregon Pike, Lancaster,
717-208-6599

Allentown Office of Vocational

Rehabilitation May offer no-cost services
45 N. 4th Street, Allentown, 610-821-6441

Barbara Cohen, Psy.D.

211 S. Route 100. Allentown. 610-530-0100

DGR Behavioral Health, LLC

2201 Ridgewood Road, #400 Wyomissing,
610-378-9601

Mind Matters Coaching, Counseling, & Psychological Associates

Reading, Allentown, Orwigsburg,
844-696-4631

Patient Hospitalization Programs

Haven Behavioral Health

145 North 6s St., 3d Floor, Reading,
610-406-4346

Lehigh Valley Hospital-Muhlenberg

2545 Schoenersville Rd, Bethlehem,
484-884-5690

Lehigh Valley Hospital-Cedar Crest

1259 S. Cedar Crest Blvd, Suite 205,
610-402-5950

St Luke's Health Network

1107 Eaton Ave, Bethlehem, 610-954-3838

Tower Behavioral Health

201 Wellness Way, Reading, 484-339-6037

Other options to find a mental health provider in your area:

PsychologyToday.com

Therapist Locator

Insurance Provider

Search for a therapist on your insurance provider's website

Online Therapy Resources

CollegeTeleHealth.com

MantraHealth.com

CharlieHealth.com