EAP + Work-Life Services

Moravian College's Employee Assistance Program Overview

Life presents us with challenges at work and at home on a daily basis. You do not have to face these challenges alone, even if you're far away.

The EAP Can Help with Almost Any Issue

EAP benefits are available to employees and their families at NO COST to you (not applicable to temporary employees). Help is as easy as a phone call away. The EAP offers confidential advice, support, and practical solutions to real-life issues. You can access these confidential services by calling the toll-free number and speaking with a consultant.

EAP Services for Employees and Families

- Unlimited phone consultations with an EAP Counselor
- Dynamic website featuring over 3,400 helpful articles, training courses, a legal and financial center, and more
- Referrals to local counselors for up to six (6) sessions, free of charge, to assist with topics such as:



Education

Finding a preschool College planning Financial aid resources Tutoring programs

Dependent Care

Adoption assistance After school programs Day care Special needs care In-home services Senior housing options Parenting classes Support groups Respite care Elder care

Lifestyle and Fitness Management

Nutrition and fitness Stress and overload Relationship issues Divorce and separation Health and wellbeing Grief and loss Career planning Relocation Retirement Balancing work and life

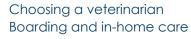
Legal & Financial

Budgeting Saving and investing Home buying Retirement planning Basic tax planning Immigration Will making Legal forms

Pet Care

Grooming Training/behavior

Credit and collections Personal legal service





Access Counseling and Benefit Information CALL 800-395-1616 WEBSITE ibhsolutions.com/members

- Click on the IBH logo - Username: IBHEAP - Password: WL0103



Your EAP benefit is provided by your employer and delivered by Integrated Behavioral Health (IBH).

Work-Life Services

Balancing Life at Work and Home

Your EAP provides a range of legal and financial services to help you survive a variety of challenges:

Budgeting Civil/Consumer Issues
Criminal Matters Debt/Credit Counseling
Estate Planning Law Financial Planning Services

Immigration IRS Matters

Motor Vehicle Personal/Family Legal Services
Real Estate Tax Consultation/ Preparation



Financial Services

Employees can receive telephonic consultations with seasoned financial professionals and certified public accountants (CPA). Unlimited telephonic counseling and 30 days of financial coaching is available. Local referrals are available for more complex financial planning issues, such as: credit counseling, debt and budget assistance, basic tax planning, and retirement and college planning questions.



Employees can receive an initial 30-minute office or telephone consultation with an attorney. Plus, if the attorney is retained to provide legal services, the member can apply a 25% discount off the attorney's normal hourly rate on legal fees. Virtually all types of legal matters are eligible for these services.

Assistance with Document Preparation

A simple and inexpensive online process enables members to complete their own legal document preparation from home. This eliminates the cost of an attorney or dealing with lengthy completion and delivery periods.

Dedicated Legal/Financial Website

Each member is provided with unlimited access to a dedicated legal/financial website, which includes legal and financial tools. Examples include legal and financial forms, financial calculators, helpful articles and answers to frequently asked questions.

Workplace + Supervisor Support

Managing people can be challenging. Employers have unlimited telephonic assistance with topics such as:

Critical incidents

Critical incidents

Conflicts in the workplace

Education and training

Job stress Team Building

Respectful workplace Organizational development





Access Online Work-Life Balance

WEBSITE ibhsolutions.com/members

Click on the IBH logoUsername: IBHEAP

- Password: WL0103



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