

# MORAVIAN UNIVERSITY

## Resources for Moravian University Students Admitted to the Hospital

Going to the hospital can be disruptive to your routine and create challenges related to classroom and student involvement activities. Your education is important and you may be concerned about missing coursework while you are in the hospital or recovering. **Remember that your health is also important** and you will perform better in school when you are at your physical and mental best. You are encouraged to prioritize your health and **communicate with your faculty and the resources** shared here to create a plan for your academic success.

### Things to do/know while at the hospital:

- If you have not, Student Life will typically contact your emergency contact so they know where you are.
- The Director of Academic Advising will typically contact your faculty to let them know you are not in class and provide updates for how long you expect to be unable to engage with academics. Note that this is just a notification and it is up to each faculty to determine how this falls under their attendance policy. As soon as you are able, you should be in direct communication with each faculty to discuss how to address missed work. You do not need to share the details of why you were absent with your faculty.
- Students often wonder if they should tell anyone they are at the hospital. You don't have to tell anyone if you don't want to, but it can be helpful to let certain people know so they are not worried, especially if you will be gone overnight or for multiple days. Moravian staff can contact students, faculty, or staff ***with your permission***. Contacts will be made with sensitivity and respect for your privacy.
- If you would like to request a confidential visit from a University Chaplain while you are in the hospital, please email [chaplains@moravian.edu](mailto:chaplains@moravian.edu) or call 610-861-1411. You may also request a Chaplain through any Student Life representative or by calling Campus Police. The situation does not need to be critical to request a Chaplain. Your Chaplain is here to support you in any circumstance.
- If you are currently working with a therapist and your hospitalization is related to mental health, please consider allowing your hospital healthcare providers to collaborate with your clinician. Allowing your healthcare providers to collaborate will facilitate your treatment and care after you are released from the hospital. To do so you will need to do the following:
  - Notify your healthcare provider at the hospital that you would like them to contact your therapist (contact information for Moravian University Counseling and Psychological Services is below).
  - Complete a release of information form giving your therapist permission to speak to your hospital healthcare provider. If you use Moravian's Counseling and Psychological Services, you can complete this form by clicking the link at the bottom of your student health portal home page at <https://moravian.studenthealthportal.com/>.
  - Notify your healthcare provider at the hospital if you are currently receiving psychiatric care. If you use Mantra Health, they will have you complete their own release of information form. Communication between your psychiatrist and the hospital treatment team is important, even if you are referred to a new psychiatric provider when you are released from the hospital.
- Consider signing a release of information for hospital staff to speak with other departments on campus involved in your health and return to learning, including the Health Center and the Athletic Training Department (for athletes). Contact information for relevant departments can be found below.

### Things to do after you leave the hospital:

- If you need a ride back to campus, contact Campus Police at 610-861-1421.
- Any time a student is admitted to the hospital, it is strongly encouraged that they meet with the Community Support Coordinator (Case Manager) upon return to ensure connection to supportive resources.
  - Call or email the CAPS (contact information below) to schedule a return to campus meeting.
  - Upload your hospital paperwork, including any diagnosis and treatment plan, securely using this link: <https://tinyurl.com/casemanagerupload>.
  - You do not need to wait for this meeting to return to class.
- Contact each of your professors so you can create a plan for that course. If you need assistance creating a plan, contact the Office of Disability & Accommodations for support.
- If you are absent for more than a week, or if you expect to have ongoing impacts from your hospitalization, you are encouraged to contact the Office of Disability & Accommodations.
- In the case of a concussion or other head injury, be sure to make the following contacts as soon as you are released from the hospital:
  - The Office of Disability & Accommodations (ODA) can work collaboratively with your healthcare providers to develop an appropriate “return to learn” plan that will allow you to safely and effectively resume your studies. ODA can also provide temporary accommodations, as needed, related to academic attendance and assessment.
  - If you are a varsity athlete, your athletic trainer can help you develop a “return to play” plan.
  - If you are a recreational (club sport) athlete, the athletic trainer in the Health Center can help you develop a “return to activity” plan.
- Contact the Health Center if you need additional medical assistance.

### Moravian University Contacts:

Depending on the circumstances of your hospital visit, you may want to sign a release of information allowing hospital staff to speak with one or more of the following University departments:

- **Counseling and Psychological Services (CAPS)**
  - Phone: 610-861-1510
  - Fax: 610-625-7935
  - Email: [caps@moravian.edu](mailto:caps@moravian.edu)
  - [www.moravian.edu/caps](http://www.moravian.edu/caps)
- **Spirituality and Inclusion (Chaplain’s Office)**
  - Phone: 610-861-1411
  - Email: [chaplains@moravian.edu](mailto:chaplains@moravian.edu)
- **Student Life**
  - Phone: 610-861-1503
  - Fax: 610-625-7794
  - Email: [meyerg@moravian.edu](mailto:meyerg@moravian.edu)
- **Campus Police**
  - Phone: 610-861-1421 (available 24/7)
- **Health Center**
  - Phone: 610-861-1567
  - Fax: 610-625-7899
  - Email: [healthcenter@moravian.edu](mailto:healthcenter@moravian.edu)
  - [www.moravian.edu/healthcenter](http://www.moravian.edu/healthcenter)
- **Athletic Training (for Student-Athletes)**
  - Phone 610-625-7005
  - Email : [athletictraining@moravian.edu](mailto:athletictraining@moravian.edu)
- **Office of Disability & Accommodations**
  - Phone: 610-861-1401
  - Fax: 610-625-7877
  - Email: [oda@moravian.edu](mailto:oda@moravian.edu)
  - [moravian.edu/oda](http://moravian.edu/oda)